

EVENTS

“TEACHER’S DAY”

Sumandeep Vidyapeeth had celebrated the Teacher’s Day on the 6th September 2016, as there was holiday on 5th September (Savant sari). In morning around 10:00am there was a tree plantation arrangement in the campus, where the principal of COP, SV; participated. Followed by that there was a program in the auditorium to felicitate the senior faculties of the university and some games like: Antakshari & Tambola Playing for all the faculties of SV.

“WORLD PHYSICAL THERAPY DAY”

The College of Physiotherapy, Sumandeep Vidyapeeth organized “fitness **screening camp**” for elderly residing in the University campus, on the occasion of World Physical therapy Day, 8th of September 2016. This was conducted from 10 am onwards at the College premises, based on this year’s theme “**Add life to years**”. Dr G. V. Shah, Dean, Medical College, Dr Kautilya Shukla, Director, Learning Resource Centre, along with HODs of Anatomy, Physiology and Community Medicine joined the camp. Professors of various departments, senior nurses, employees of inventory and maintenance department and few relatives residing in staff quarters also participated in this camp.

Fitness screening was done at 9 stations as given below:

Station 1: Registration and history- here demographic & anthropometric data along with Physical activity readiness questionnaire (PAR – Q) were obtained.

Station 2: General assessment- Vitals, Range of motions, Uni pedal stance time, screening deformity and posture

Station 3: Lower body strength by performing 30 second Chair Stand test

Station 4: Upper body strength by performing Arm Curl test

Station 5: Grip strength assessed Hand held dynamometer

Station 6: Lower body flexibility by Chair Sit-And- Reach test

Station 7: Upper body flexibility by Back Scratch test

Station 8: Dynamic balance by Timed up and go (TUG) test

Station 9: Endurance by 2-Minute Step Test

At each station Physiotherapy faculty performed the fitness test. The students also participated.

Total 20 elderly of University campus participated. The record of each test was entered in the booklet which each participant received at the registration counter. The detail report on their fitness was also dispatched to the respective participants.



While waiting in the hall, participants were also requested to fill questionnaire regarding their “Mood”. Geriatric Depression Scale: short form was used for this. Among 20 participants, total 4 elderly scored >5 but <10 which “suggest” depression and requires comprehensive assessment by professionals.

During camp refreshments (tea & biscuits) were also arranged.

Overall Feedback regarding camp from participants was highly *positive* and *encouraging*, recommending ‘fitness club’ to be started for the elderly residents of the campus.

The report of World Physiotherapy day celebration organized by College of Physiotherapy was sent to World Confederation for Physical Therapy (WCPT) Website and it was appreciated and uploaded on WCPT web page. Link of it –

http://sites/wcpt.org/files/files/wptday/16/activities/WPTD2016_India_Sumandeep_University_report.pdf

“GANDHI JAYANTI”

Sumandeep Vidhyapeeth celebrated the event of GANDHI JAYANTI on 30th September in form of awareness of “Hand Sanitization “& on 1st October by organizing “elocution competition”; as 2nd October 2016 was Sunday.



On the 30th September members of Physiotherapy student council demonstrated the steps of hand sensitization to all the students of College of Physiotherapy (COP) after prayer assembly. After which 7 of our students (Kunal Patel, Himani Pathak, Aiswariya Karmariya, Chaitalee Mehta, Nauree Sheikh, Naveen Mecca, Devraj Patel) from council went to the hospital along with nursing students and brought the awareness about ‘hand sensitization’ among the patients and their relatives in the area opposite to the physiotherapy O.P.D and Neuro surgery ward.

On the same day another 5 students (Anjali Patel, Jay Patel, Afroz Virani, Harshali Rawal, Aastha Shah) were sent at 10:00am to the University where they were trained for the steps of ‘hand sanitization’ and these were sent with the other students of different institutes of University, to the primary school of Amodar Village to bring awareness about ‘hand sensitization’



On the 1st October ‘Elocution Competition’ was held at the auditorium where two students Priyal Mehta & Shruti Patel from COP participated and one of the student Priyal Mehta (2nd B.P.T) stood 2nd in the competition.



“WORLD CEREBRAL PALSY DAY”

College of Physiotherapy, SV celebrated World Cerebral Palsy day on 5th October 2016. World Cerebral Palsy Day is a movement of people with cerebral palsy and their families, and the organizations that support them, in more than 50 countries. Its vision is to ensure that children and adults with cerebral palsy (CP) have the same rights, access and opportunities as anyone else in society.

This year to support this noble movement, COP, SV organized poster competition for UG students on theme of “Role of physiotherapy in cerebral palsy”. Total of 10 students participated in the competition.

Prof. Dr Lata Parmar, Principal, Prof. Dr G. Palanikumar, U.G. Coordinator, Dr Dhvani Chanpura, Assistant Professor, of COP, SV were judges for the competition. All participants presented their poster and described them. They were judged on the basis of creativity, presentation and relevance of their poster to theme. Among them Miss Salonee Chokshi, 2nd year BPT student was the winner.



“SHARADOSTSAVA 2016”



Sumandeep University celebrated Sharad utsav on 15th October 2016 at University Amphitheatre from 8:00 pm onwards.

There were two competitions arranged one was Garba competition and other was Arti thali decoration competition. Students of College of Physiotherapy participated in both. Shiv Patel (3rd B.P.T) was declared as best male garba participant and; in arti thali decoration competition, Jahanvi Hariyanvi (Intern, COP, SV) stood first in the competition and Ameer Thakkar (Intern, COP, SV) was second runner up.

“CONSTITUTION DAY OF INDIA”

To create awareness about the constitution of India among students of SVU, University observed the event of Constitutional Day of India on 26th Nov. 2016, 11:00 am onwards. The event was graced by Dr Vasudev Raval (Professor & HOD of Community Medicine dept) who briefed about the same. Along with him a student from college of physiotherapy named Himani Pathak further briefed about the rights & responsibilities of people of India. Students of various departments attended the event along with the faculty members and members of Cultural Committee of SVU.

“Fresher’s party (2016-17) – Esperanza 2016”

Every year, second year BPT students of College of Physiotherapy (COP), SV organizes Fresher’s party for first year BPT students. This year also present Second year BPT students had organized a fresher’s party –“ESPERANZA 2016” on 1st December'2016 for first year BPT students (2016-17 entrants). First part of program was held at university auditorium, between 9:30 am and 1 pm. Dr G.V.Shah, Dean SBKS MI&RC, Dr Jasmin Jasani, Student coordinator, SBKS MI&RC and Dr. Krunal Shah, Assistant Professor, Microbiology Dept, SBKS MI&RC were the guest.



Program started with prayer dance performed by 1st year BPT students. Next Prof Dr Lata Parmar, Principal, COP, welcomed fresher on behalf of Sumandeep University parivaar. Dr G.V.Shah, Dean SBKS MI&RC also in capacity of invited guest of Honor, welcomed fresher’s and wished them bright future.

Following this, there was an informative session regarding HIV and hepatitis by Dr. Krunal Shah, Assistant Professor, Microbiology dept, SBKS MI&RC to educate young minds of COP, as the party was organized on 1st December which is observed as 'World AIDS Day'.

After the informative session, talent show of fresher batch was begun. The judges were Prof G.P Kumar, UG coordinator, Physiotherapy, and Dr Neha Mukkamala (PT), Assistant professor, Physiotherapy. Along with that 1 minute games were also played among freshers. At the end of show Ruchit Malvi, Viral Patel & Pankti Modi were declared as best performers. With this the first part of Esperanza ended, lunch was announced, and everyone departed for lunch at 1:00 pm which was arranged by second year BPT students at Physiotherapy College Auditorium. Post lunch students from both year students happily played garba till the party concluded at 4:30 pm.

“AIDS DAY 2016”



College of physiotherapy has observed the AIDS DAY on 1st December 2016 at 10:00 to 11:00am.

In that college of physiotherapy has invited Dr. Kunal, Assistant Professor from Microbiology Department, Sumandeep University, to give a brief talk on AIDS disease, and its prevalence in India for 1st & 2nd B.P.T students.

“International day of people with disability”

College of Physiotherapy, Sumandeep Vidyapeeth had observed “International day of people with disability” on 3rd December 2016 at University Auditorium, SV. This year, UN declared, “Achieving 17 Goals for the Future We Want” as a theme to celebrate International day of people with disability. Based on that, the College organized a digital poster competition, where students prepared digital posters on 17 Sustainable Development Goals (SDGs) for awareness among physiotherapy students. The guest of honour on this occasion was, Professor Pharmacology, Dr Sagun Desai.



The program commenced at 10 am on arrival of the guest. After felicitation ceremony, Prof. Dr Lata Parmar, Principal, COP, SV spoke on this year's theme. She explained important role and responsibility of physiotherapists towards community by helping 'differently able' to achieve maximal state of independence within their capacity. She also shared her few personal experiences to motivate all to achieve 17 SDGs.

The guest of Honour, Dr Sagun Desai (himself a polio victim with post polio syndrome), expressed his gratitude towards the College for organising such an event on International day of people with disability. He spoke on various problems faced by individuals with disability in today's time. He praised work done by Physiotherapist in helping special ones.

Following this, UG coordinator, Professor Physiotherapy, Dr G.P. Kumar (himself with residual neurological problems), proposed a vote of thanks. He said he never considered himself any time different than normal however, appreciated work environment he has experienced till date which provided him with all accessibilities to achieve his maximum potential.



The program was concluded with digital poster competition based on this year's theme. Total 17 students from Final year BPT, Interns and PG's participated in the same. Each candidate represented one goal from 17 SDGs declared by UN. Time allotted per candidate was maximum 5 minutes. Professor Pharmacology, Dr Sagun Desai & Professor Physiotherapy, Dr G.P. Kumar were the judges.

Presentations by all participants were appreciated by both judges. The winners for the competition are listed below:

Final year BPT	Ms Anjali Patel
Intern, BPT	Ms Krina Patel
PG, MPT (there was a tie between two)	1) Dr Anishma Chungath(PT) 2) Dr Nandini Kushwaha (PT)

“Physio-Zest 2k16”

College of Physiotherapy, SV celebrated ‘PHYSIO ZEST- 2k16’ between 26th & 28th December 2016. There were various arts, literature, cultural and sports events held in college and campus premises during these three days.

Day 1 – 26th December 2016:

First day of Physio Zest 2k16 began with the Lamp Lighting Ceremony at 9:30 a.m on 26/12/2016 by our Honourable Chancellor, Veteran Air Commodore Dr. G.D. Mehta, Prof. Dr. Lata Parmar, Principal, COP, SV and Dr. G.P. Kumar, Professor, Physiotherapy. After address of Principal, Chancellor Sir addressed the gathering and declared the Physio Zest 2016 open.

First day of Physio Zest 2k16 was declared as ‘character day’ where every student dressed up as their favourite character.

After inauguration, the 1st event begun at 10:00 a.m. i.e. Rangoli competition which was judged by Dr. Neha Mukkamala, Asst Prof, Physiotherapy, and Dr. Trushna Shah, Asst Prof , Biochemistry, Medical College; and the winners were Ms. Aishwariya Karmariya (Final Year BPT.) & Ms Vidhi R. (First Year BPT.). Meanwhile the rest of the students had a gala time taking pictures dressed as characters.

At about 11:00 am, the 2nd event was commenced- ‘Design Your Dress’ and won by the Group B participants namely Patel Shruti (2nd BPT), Heli Dalal (3rd BPT.), Shivangi Modi (3rd BPT.), Preksha Lakhia (Final BPT.) & Nehal Patel (Final BPT.) and the competition was judged by Dr. Purvi Patel, Asst Prof, Physiotherapy, and Dr. Hiral Madam, Asst Prof, Physiology Dept, SBKS MI&RC.

Following these artistic works, challenge was thrown on to students for a ‘Surprise Box’ which was very well accomplished by Krishna Patel (2nd BPT) & Asmita Palve (2nd BPT) and was judged by Dr. Niketa Patel, Asst Prof, Physiotherapy, and Dr. Himani Pandya, Asst Prof. Anatomy Dept, SBKS MI&RC.

The students were rejuvenated after a break from 1:00 to 2:00 p.m. to enjoy indoor games which started with ‘Table Tennis’ and the winners were, Shiv Patel (3rd BPT) & Aneri Soni (2nd BPT). Following table tennis, carom competition was held from 2:45 to 4:00 p.m. , and was won by Naveen Meka(2nd BPT.) ,Viral Gajera (1st BPT.) ,Bhumi Contractor (Intern) & Anishma Chungath (First year MPT). Day one of Physio Zest 2k16 ended with ‘One Minute Game’ arranged for students and staff from 4:00 to 4:45 p.m. in College foyer.

Day 2 – 27th December 2016:

On this day morning, everyone was dressed in beautiful traditional attires. The day began with group photo sessions for all the classes. Then, everyone gathered in College auditorium for literature competitions. The extempore speech held first from 10:00 am to 11:00 am, Khushali S. (1st BPT) and Anishma C. (1st MPT) very well accomplished the competition and were announced winners by the judges Dr. Gandotara Sir (HOD Anotomy Dept.,SBKSMI.& RC) and Dr. G.P. Kumar Prof. Physiotherapy.

The next literature event was Quiz. There were participations on large scale from all the classes and participants were chosen purely based on small test conducted earlier as an audition. The Dazzlers (group C) won Quiz competition with flying colours.

The second half of Day 2 of Physio Zest 2k16 was cultural night which began at 6:30 pm under gracious presence of all dignitaries at Amphitheatre, SV of Honourable Executive Director Dr Dixit Shah; Honourable Chancellor, Dr G.D. Mehta sir and his wife; Principal Physiotherapy, Prof Dr Lata Parmar; Director Management institute, Dr Subhashish Chatterji & Principal Nursing college Mr Ravindran. The cultural night was an amazing collaboration of students of College of Physiotherapy and Dept. of Management. The night started with prayer dance and then competition of dances and singing of COP students. The events held were prayer dance, singing, solo dancing, duet dancing, group dancing, fashion show, skit. The performance by the faculties of Physiotherapy was one of the highlights of this night.

Due to spirit of competition all participants were actually winners, however solo dance was extravagantly done by Kesha Shah (1st BPT) (The Gladiators), Duet dance by Irva Talati (3rd BPT) and Ayushi Shah (4th BPT) (The Avengers), group dance by The Gladiators and Singing by Priyal Mehta (2nd BPT) (The Avengers).

Day 3 – 27th December 2016:

The energetic sports day was most awaited and last day of Physio Zest-2k16. The day started with tug of war conducted from 9:00-11:00 am after which everyone gathered in the badminton court for badminton from 11:00 am to 1:00 pm and it was well played and won by Vidhita P (1st BPT) and Vishwajeet R. (3rd BPT), after tiring first half of the day students took a break from 1:00pm to 2:00 pm and then gathered back for other half of the fun. From 2:00 pm to 3:00 pm, Kho-Kho was conducted and won by group A. The last two hours from 3:00 pm to 5:00 pm cricket took it over, at the end there was a tie in both girls (The Avengers and The Gladiators) and boys cricket (The Incredibles and The Dazzlers) and both were declared winners in the end. And thus the day as well as Physio Zest-2k16 ended extremely gloriously.









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