

ISSUE

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ABOUT THE COLLEGE

It is a matter of great pride that the Sumandeep Nursing College under the patronage of Sumandeep Vidyapeeth came into existence in 2006.

The primary concern of Sumandeep nursing college is to develop through education and training, compassionate, professionally excellent, ethically sound individuals who will go out as competent nurses for healing communities. Their service may be promotive, preventive, curative, rehabilitative or palliative aspects of health care. Sumandeep nursing college provides a culture of caring while perceiving its commitment to professional excellence.

Sumandeep Nursing College absorbs the clinical resources to facilitate the learning needs of nursing students at Dhiraj hospital, which is a constituent of Sumandeep Vidyapeeth with 1360 bedded multi-specialty hospital. Dhiraj hospital offers super specialty, comprehensive services at minimal cost by keeping in mind the economic constraints of patients especially of rural areas.

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PRINCIPAL
DR. H N RAVINDRA

"The pursuit of perfection, then, is the pursuit of sweetness and light."



FROM THE DESK OF PATRON

I am very excited to see the second edition of the Nursing Newsletter *NURSING TIMES* because it represents a celebration of nursing as a profession and a discipline unlike any other. It is a joy to read all of the activities carried out by our institution throughout the last one year. Sumandeep Nursing College has many great things on the horizon for 2016-17. The College continues to graduate many great nursing professionals, we are moving nursing science forward in new and innovative ways, we are launching new courses in the coming academic year, started functioning as separate faculty under SUV are only a few of the exciting things happening here at the College.

I would also like to take this opportunity to thank all faculties for your hard work and commitment to our college, and thank you to everyone who has contributed to this publication

SUMANDEEP VIDYAPEETH



NATIONAL NURSING CONFERENCE - 2017

“Qualitative Nursing : Key to enhance nursing practice”

ON 15 TH MARCH 2017 ,
8.00AM TO 6.00 PM

AT MEDICAL AUDITORIUM SBKSMI AND RC



INAUGURATION

The 3rd National Conference was inaugurated on 15th March 2017 by **Air Commodore (Dr.) G.D Mehta**, at 9 am with prayer song by 2nd m.sc nursing students and all the respected dignitaries did formal inauguration by lighting the ceremonial lamp.



INAUGURATION—DR. G.D MEHTA

NATIONAL CONFERENCE 2017



SCIENTIFIC SESSIONS



Total 5 sessions conducted between 9.00 am to 3.00 pm

Scientific session started at 9:15 am. By Dr. T Sivabalan and was concluded at 10:30am. Sir gave talk on 'Introduction and Ethical Aspects of Qualitative Research.'

Second scientific session commenced at 10:35 am. By Dr. Usha Ukande and was concluded at 11:30 am. She conferred on QUALITATIVE RESEARCH- METHODOLOGY.

Third scientific session commenced at 11:40 am. By Dr. Medha Wadhwa and was concluded at 1 p.m. She spoke regarding Qualitative Research, analysis and interpretation.

Fourth session embarked at 2 pm by Dr. Anil Sharmasir and was concluded at 2:30 pm. Sir



gave talk on Dissemination of Research Finding and Publication. He discussed regarding ways of communicating research finding & identifying audience.

Fifth session began at 2:35 pm. By Dr. Suresh Ray and winded up at 3 pm. He discussed regarding Incorporation of qualitative research in nursing practice

PAPER PRESENTATION



Timings : 3:00 p.m. – 4:00 p.m.

Venue : Medical Auditorium, SBKSMI & RC& Conference hall.

Judges / Moderators : Prof. Sevanti Managuli & Mr. Nirmal Raj E.V. (Medical Auditorium)
Prof. Dayalal Patidar, & Mr. Vijayaraddi (Conference hall)

VALEDICTORY & VOTE OF THANKS



The valedictory session was introduced by Mrs. Franny Emmanuel which was chaired by Dr. Prasad Muller, Dr. Usha Ukande, Principal, Choithram CON, Indore, Dr.T Sivabalan, Vice Principal, Pravara Institute of Nursing, Loni, Maharashtra, Dr. ANIL SHARMA, Principal, Manikaka Topawala Institute of Nursing, Anand, Dr. R. BALARAMAN, Professor, Dept. of Pharmacy, Sumandeep Vidyapeeth, Piparia, Dr. SURESH RAY, Associate Professor, College of Nursing, Pune, Prof. RAVINDRA H.N., Principal, Sumandeep Nursing College, Piparia, Mr. SURESH V., Associate professor, Sumandeep Nursing College, Piparia.

STATE LEVEL WORKSHOP



STATE LEVEL WORKSHOP ON CARING FOR MOTHERS AND THEIR NEWBORNS

In Association with Society of
Midwives India
15th June, 2017



ACTIVITIES PERFORMED

- Orientation to SOMI
- Theory lectures
- Skill stations - on hand practices

Beneficiaries:

Clinical Staff nurses, PG & UG nursing teachers & PG & UG nursing students. 80 participants + 6 Resource persons.

SCIENTIFIC SESSIONS—HIGHLIGHTS



About the sessions

First session was taken by **Mr. Vijay Raddi Vandali, NS, DGH**. He threw some light on **historical analysis of maternal and new born care and showed IMR & MMR of the country**. He also gave the background and need of the skill required to reduce the mortality and morbidity levels.

Second session was lead by **Mrs. Hiral Shah, Principal, GCON, Dharpur**. She discussed about some **new trends in midwives** and guided the participants about how to conduct the delivery using new techniques. Her topic and procedures depicted were evidence based which she elaborated in a way understandable by the participants.

Active management of labour session was taken by **Ms. Anu Jose, Skilled Demonstrator, JHPIEGO**. She discussed about the techniques to be used for conducting delivery. She also emphasized on quality nursing care services to be provided by following the protocols developed by the national and international agencies regarding the conduction of delivery.

CNE'S AND SEMINARS



CNE ON COGNITIVE BEHAVIOURAL THERAPY

DEPARTMENT OF MENTAL HEALTH NURSING

ON 16th December 2016

CHIEF GUEST—Dr. Punita Grover



INAUGURAL SESSION:

The CNE was inaugurated on 16th FEB 2016 by Dr. Punita Grover, At the commencement of the programme Mrs. Joslin Joseph welcomed and introduced the Resource personnel and the participants and presented the overview of the CNE.

THEME UNVEILING

Mr. Suresh .V, H.O.D, of Mental Health Nursing, SNC unveiled the theme of the CNE. He also gave an briefed about the topic; Cognitive Behavior Therapy.

RESOURCE PERSON

Dr. Punita Grover. She gave an in depth knowledge regarding CBT both its theoretical part as well as its practical application on the clients. It was also discussed that which type of clients can be recommended for CBT.

ROLE PLAY

The programme headed with a role play performed by 3rd year BSc nursing students which clearly depicted that which clients could be given CBT.

CNE ; POSITIVE PARENTING

Department of Paediatric Nursing, Sumandeep Nursing College.

10th DECEMBER, 2016, 9.30 am to 12.30 pm.

AUDITORIUM, SBKSMI & RC

INAUGURAL SESSION:

The CNE was inaugurated on 10th December 2016 by the Principal Mr. Ravindra H.N. At the onset Ms. Rajvi Soni welcomed and introduced Resource personnel and the participants and presented the overview of the CNE and briefed about the topic.

THEME UNFOLDING

Theme unfolding was done by Mr. Rajesh .P, Assistant Professor, Dept. Pediatric Nursing, SNC. He has given an overview about the topic; Positive parenting. It included the importance of good parenting; influence of parents, teachers and peer groups in preventing behavioral problems in children..etc.

SCIENTIFIC SESSIONS

1. Common behavioral problems in Children
2. Overview of positive Parenting
3. Parenting Styles and Tips
4. Poor parenting and its effects

ROLE PLAY

A Role play was performed by the third year BSc. Nursing students as an introductory part of the scientific sessions. They clearly sketched the family influences of children in forming their behavior. The approach of parents towards growing child, negligence, ignorance, ego, were clearly described by the presenters.



CNE'S AND SEMINARS



CNE ON EMERGENCY NURSING

DEPARTMENT OF MEDICAL SURGICAL NURSING
ON 21ST NOVEMBER 2016
AUDITORIUM, SBKSMI & RC



The CNE commenced as per the schedule by unfolding the theme with Ms. Gagan Sharma, Assistant Professor, Sumandeep Nursing College. She has given an overview about the main objectives of importance of **Emergency Nursing**. She mainly focused on the emergency nursing practices and dilemma in the current scenario.

NO. OF PARTICIPANTS 150

SCIENTIFIC SESSIONS

Concept and Introduction of Emergency Nursing

Emergency drugs

Devices and Equipments used during Emergency conditions

Cardiac Emergencies

Emergency Nursing management



CNE ON CURRICULUM MAPPING

DEPARTMENT OF COMMUNITY HEALTH NURSING

16TH SEPTEMBER, 2016. 9.30 am to 12.30 pm.

AUDITORIUM, SBKSMI & RC



THEME UNFOLDING

The theme of CNE was unveiled by **Mr. Swamy P.G.N** who has explained about the importance of **curriculum mapping** for the teachers to make **effective learning outcome**. He has also emphasized on various approaches & principles of education for continuous **quality improvement** in **outcome based education (OBE)**

Major components of the session were addressed by our **resource person Dr. Anil Sharma**, (Principal, MTIN-Changa). He has briefed about how to recognize **outcome based education** its principles, **stages of OBE** for **quality improvement**. He also stressed on how we use learning outcome to design a course. All the nursing teachers were incorporated with various components of curriculum mapping by setting an example of how to formulate **standards of learning** to prepare students for **achieving learning outcome**. Importance of curriculum mapping was highlighted by our resource person among all teachers to promote professionalism & teaching creativeness. A sample curriculum map was set to discuss its various perspectives of practical applicability & to bring in highest proficiency in outcome based learning.



VALEDICTORY



DAY CELEBRATIONS



WORLD AIDS DAY

IN COMMUNITY

An exhibition, Role play and awareness rally on AIDS was held on 1st December 2016 as a part of the observance of the world aids day, which is on 1st December. Students of 1st year M.Sc nursing had organized the event at waghodia PHC.

The event was presided over by Dr. Anita Singh chief medical officer who declared the exhibition open and shared from his immense knowledge regarding AIDS.

Mr. Swamy PGM, HOD of CHN, Sumandeep Nursing College along with Dr. Anita Singh lighted the diya on the “samai” to inaugurate the occasion

The audience included relative of patients and the students of 2nd year GNM Nursing, Sumandeep Nursing College. A role play enacted by students of M.Sc First year which dramatized on a script that included all aspects of Aids ranging from causes to treatment and prevention of aids. It was well applauded by guests and audience.



DATE : 1ST DECEMBER 2017

VENUE : WAGHODIA PHC



WORLD MENTAL HEALTH DAY

Date: - 10th October, 2016 9:00 – 4:00 p.m.

Venue: - OPD DHIRAJ Hospital, Waghodia, Vadodara And M.Sc Nursing Lecture Hall , Sumandeep Nursing College.



Activities performed

- Poster Competition & presentation
- Guided imagery (Relaxation Technique)

SIGNIFICANCE

One in four adults experiences mental health difficulties at one time or the other but many receive little or no help when they present in an emergency. This is the reason the theme for World Mental Health Day 2016 is “psychological and mental health first aid”.

In view of World mental health day, Department of Mental health nursing Sumandeep Nursing College had organized awareness program. The aim of Mental Health day observation is to promote social and emotional wellbeing to the community, encouraging people to maximize their health potential, enhancing the coping capacity of communities, families, individuals and increasing mental health recovery.

The students of 2nd year M.Sc (N), 2nd year Post basic nursing, 3rd year B.sc (N) had presented their posters at the OPD DHIRAJ hospital among these posters best three posters were awarded as 1st, 2nd & 3rd positions. Parmar Manisha , Heena Vasaiya (3rd B.Sc) stood 1st, Lincy(2nd P.B.B.Sc) at 2nd position and Parmar Priyanka & Shukla Riddhi (3rd B.Sc) at 3rd position. There was a good gathering of patients’ relatives, patients and public. The response from them was positive and co-operative eventually feedback taken from the public started that program was very informative.

In post Lunch M.Sc Nursing students had organized relaxation technique session (Guided Imagery) for the faculties and students of Sumandeep nursing college with the intention of assisting the participants to decrease the effects of stress on mind and body . This technique uses both visual imagery and body awareness to move a person into a deep state of relaxation. The person imagines a peaceful place and then focuses on different physical sensations, moving from the feet to the head. All the participants felt better relaxation after the session.



DAY CELEBRATIONS



WORLD DIABETES DAY



SIGNIFICANCE AND NEED

Sumandeep Nursing College celebrated World Diabetes Day by celebrating Nutrition awareness program. A simple health talk with effective a.v. aids can bring the change in nutrition pattern. Thus, keeping this in mind we organized nutrition awareness program on diabetes mellitus including risk factors, causes, signs/symptoms, non-pharmacological treatment, diabetic diet and foot care.

A.V. aids like posters, charts, , models and videos were used in bringing awareness.



Details of Diabetes Awareness Programme

Nutrition awareness programme was organized by Sumandeep Nursing college. The programme included health talks, general discussion with the clients, presentation of diabetic food & junk foods (that has to be avoided), model presentation of food pyramid & videos over LCD projection.

47 clients/visitors took a visit of this programme where they were informed about the types of diabetes, risk factors, causes, signs & symptoms, treatment, self-care in diabetes, self monitoring blood glucose, foot care and complications of diabetes.

135 nursing students from Sumandeep Nursing College also attended the programme. They were taught about the diabetes mellitus and its treatment with the help of a.v. aids.

WORLD HEART DAY

Date: - 29th September, 2016

Organizers: - Department of Medical Surgical Nursing, Sumandeep Nursing College.

Venue: - Dhiraj Hospital & Sumandeep Nursing College

Activities performed:-

- Poster Competition on Cross-section of Heart – 09 participants
- Depiction of Quotes in student council notice board on the topic Prevention of CAD – 05 participants
- Public Awareness Program through Poster exhibition, videos at OPD, Dhiraj General Hospital, Piparia, Waghodia, Vadodara – 56 beneficiaries
- Poster Exhibition at Sumandeep Nursing College – 94 students

SIGNIFICANCE

Sumandeep Nursing College celebrated World heart Day with the theme “Power Your Life”. World Heart Federation provided us the health education materials, videos and other materials regarding the World Heart Celebration.

ABOUT THE PROGRAMME

The total number of beneficiaries was **164** including general public & UG nursing students. The programme has influenced UG and PG nursing students by showing the importance of theme “**Power your life**” 2016 on World Heart day. The aim of this initiative is to improve health globally by encouraging people to make lifestyle changes and promoting education about ways to be good to your heart.

Poster exhibition and public awareness program has also shown its importance of spreading the awareness among general public. The UG students also received benefit of showing their cognitive/psychomotor skills by drawing competition/quotes making.



DAY CELEBRATIONS



BREAST FEEDING WEEK

THEME

'BREAST FEEDING A KEY TO SUSTAINABLE DEVELOPMENT'



SIGNIFICANCE

Breastfeeding is one of the most effective ways to save and improve the life of children everywhere, yielding lifelong health benefits for infant and their mothers. This is the reason why virtually every country around the world celebrates the breastfeeding week from 1st to 7th August as stated by WHO "Breastfeeding also plays an important role in achieving gender equality and birth spacing by continuing promotion of "EXCLUSIVE BREASTFEEDING" up to 1st 6 months of life for which Post graduate nursing students of Sumandeep nursing college of Sumandeep Vidyapeeth has celebrated the breastfeeding week on 4th, 5th, 6th of August

ACTIVITIES

- Skit inducing the mothers to boost an exclusive breastfeeding and its techniques .
- Poster competition
- Video presentation

Date: 4th, 5th, 6th August 2016

Time: 9 am To 1 pm

Venue: Dhiraj Hospital



SPORTS AND CULTURAL ACTIVITEIS

SPARSH 2016-17

Sumandeep Nursing College celebrated the cultural week from 21-12-16 to 27-12-16. Various events like games and sports were conducted during the different days. Students also had arranged an interesting list of events. Activities outside the class room make students to enjoy and have fun and help in augmenting academic performance of the students .All round development of students is our ultimate goal and we encourage every student to open up and show his/her latent talent in various competitions and thereby help and nurture them in their overall development. Our Students performed exceptionally well in the co-curricular activities and so this reveal hidden talents in the students.



COMMITTEES



COMMITTEES

COMMITTEE	INCHARGE
BOS CHAIRMAN	DR. RAVINDRA H.N
PhD, HR, EBES	MR. SURESH V
HRRP	MR. SWAMY PGN
IRC	
IQAC INSTITUTIONAL COMMITTEE	
IQAC UNIVERSITY COMMITTEE	MR. NIRMAL RAJ E V
ANTI RAGGING COMMITTEE	
CCES	MR. RAJESH P
FEEDBACK SYSTEM	
FDC	MR. KEVIN CHRISTIAN
SPORTS AND CULTURAL COMMITTEE	MRS. RUHI VARGHESE
ISR	
CURRICULUM COMMITTEE	MRS. YAIPHA
CCEF	
WOMEN WELFARE COMMITTEE	MRS. POONAM GADIYA
GRIEVANCE REDRESSAL	
MENTORSHIP PROGRAMME	MR. NITIN SHARMA
LIBRARY COMMITTEE	MRS. BHUMIKA PATEL
ALUMNI ASSOCIATION	MRS. SONAL PATEL
INSTI. EXAM COORDINATOR	MR. ISMAIL P A
JHS	MR. VIJAY RADDY

RESEARCH AND DEVELOPMENT -2016-17

	ONGOING	COMPLETED
FACULTY	17	1
PG	14	24
UG	17	3

FACULTY OF NURSING

Congratulations !!!

The Board of management has approved the formation of ‘FACULTY OF NURSING’ as separate faculty under Sumandeep Vidyapeeth on 11.07.2017, with Ref. No. SVDU/R/1067/2017-18.

Our heart felt thanks to the Board of Management Sumandeep Vidyapeeth.

NEW

NEW COURSES



NURSE PRACTITIONER PROGRAMME

NAME OF THE COURSE:

Nurse practitioner in critical care nursing post graduate residency programme.

DURATION OF THE COURSE

2 YEARS

RECOGNITION:

INC - letter File No. I-6/02/Sep 2017– inc dated 13/09/2017.

GNC- letter Ref.No INSP/12113 Dated 18/10/2017.

ABOUT THE COURSE

Sumandeep Nursing college is initiating Critical Care Nurse Practitioner Program intended to prepare registered BSc Nurses to provide advanced nursing care to patients who are critically ill. The nursing care is focused on stabilizing patients' condition, minimizing acute complications and maximizing restoration of health. These NPs are required to practice in critical care units of tertiary care centers. The program consists of various courses of study that are based on strong scientific foundations including evidenced based practice and the management of complex health systems. These are built upon the theoretical and practice competencies of BSc trained nurses. On completion of the program and registration with respective state council they are permitted to independently administer drugs and order diagnostic tests, procedures, medical equipment and therapies as per institutional protocols.

The NP in critical care is prepared and qualified to assume responsibility and accountability for the care of critically ill patients under his/ her care..The said post graduate degree will be registered as an additional qualification by the State Nursing Council.

PHOTOGALLERY

