

RENAISSANCE

NEWS LETTER OF COLLEGE OF PHYSIOTHERAPY



Volume 7 Issue 3
September-December 2018

College of Physiotherapy
Sumandeep Vidyapeeth

(An Institution Deemed to be University u/s 3 OF UGC ACT OF 1956)

NAAC Accredited Grade – A with CGPA 3.53/4

Conferred with UGC-CATEGORY-1 Status

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MISSION AND VISION

MISSION

The mission is to educate competent autonomous Physiotherapists who, by their commitment to advance the health and quality of life for all, are leaders regionally, nationally and internationally. The faculty is dedicated to creating a collaborative environment demonstrating excellence in teaching and learning, research and creative activity and service to the community and profession.

VISION

College of Physiotherapy, SUMANDEEP VIDYAPEETH, will excel as recognized leader nationally and internationally in education, research, and civic engagement.

EDITORIAL BOARD

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Assistant Professor, COP, SV

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I. FAMILY PHOTO



WELCOME NEW FACULTY



Dr. Krina Ved
Assistant Professor
MPT (Neurological Condition)



Dr. Dinesh Shekhar
Assistant Professor
MPT (Musculoskeletal & PG diploma
in Emergency and Trauma Care)



Dr. Megha Rana
Clinical Therapist
B.P.T.- College of Physiotherapy,
Sumandeep Vidyapeeth.

II. Academic Activities

(A) PG Orientation

College of Physiotherapy organized an induction and orientation program for the students who got admitted into the Post graduate course (MPT) in Physiotherapy on Thursday, 6th September 2018. This year till the day (06/09/2018) of orientation program 8 students were admitted into the course.

Orientation program was held at the PG class room of Physiotherapy College. The program commenced on 9.30 am. Principal Prof. Dr Lata Parmar, PG Coordinator Prof. Dr G P Kumar, Associate Professor & EBES Coordinator Dr Kalpesh Satani, Associate Professor & HRRP Coordinator Dr Nalina Gupta, Assistant Professor & Clinical In charge Dr Neha Mukkamala, Assistant Professor & CCEF Coordinator Dr Megha Mehta and Assistant professor and PG teacher Dr Niketa Patel were present. Along with the faculty PG students of Outgoing batch and present First year PG were also present.

Principal Prof. Dr Lata Parmar welcomed all the fresh PG students and told them that it's a full-time course and requires undivided attention to complete the course. She also spoke about the importance of PG program and how the PG program can help to shape them to be a better professional. Dr Kalpesh welcomed the students and informed about the EBES activities that will take place in college and its importance in imparting education. Dr Nalina spoke about HRRP and the likelihood activities that are associated in PG education. Dr Neha informed about the clinical duties a PG student is expected to perform and also about the EBES. Dr Niketa Patel also welcomed the students and wished them good luck.

PG Coordinator Dr Kumar welcomed the students and gave an introduction about the MPT course in College of Physiotherapy. After that PG students introduced themselves to the PG teachers. Each one of them informed their preferred choice of electives and the reason for selecting the electives. One student from outgoing batch of MPT (Anishma) and present first year MPT (Hunita) welcomed the students and shared their experiences as a PG student in College of Physiotherapy. All the PG teachers again

welcomed the students and wished good luck with which the formal induction program got over.

After tea break, students met again at the PG class rooms. Dr Kumar informed them about the rules and regulations of MPT course, eligibility criteria, duties of PG student and the expected behavior of PG student. Then the students were asked to submit the joining letter along with the copies of admission letter, fee receipts and educational qualifications. They were also asked to fill and sign the anti-ragging declaration form and personal details form. The students were handed over the soft copies of MPT syllabus and log book and also physical copies of ID card application form.

Then the students were taken to a guided tour to the University Learning Resource Center (Central library), Physiotherapy OPD and Dhiraj Hospital, SBKS Medical College and oriented about important places in Sumandeep campus.

A full-fledged orientation program on EBES, MET and basic skill training is planned spanning a period of one month. Students will also be posted in clinics in the forenoon session, each student in every unit for a week in rotation, to orient themselves about the learning facilities available and to take an informed choice of electives at the end of these postings.



(B) First Year BPT Orientation Program for 2018-19

College of Physiotherapy, Sumandeep Vidyapeeth, had organized orientation program for First year BPT students 2018-19 on 17th September 2018 at Auditorium, SV.

Almost all the fresh students and their parents reached the college around 9 am. They all joined the morning assembly for prayer and university song. Following this all the F.Y.BPT students along with their parents were made to sit in first year classroom. Class coordinator Dr. Niketa Patel welcomed the students and briefed about the academic interactions of the class coordinator with the students and distributed hard copy of handbook, personal detail form, declaration form, academic calendar and time-table. By 10:30 am completed declaration forms and personal detail forms were collected back from students. Refreshments were arranged at the college premises for the parents and students at 10:30 am.

By 10:45 all the students along with their parents were seated in the Auditorium, SBKS MI&RC, SV, where dignitaries reached by 11:00 am. Honorable Chancellor sir; Medical Dean, I/C Dental Dean, HOD Anatomy, HOD Physiology, HOD Biochemistry and Chief Librarian had attended the program.

The program started with prayer. After prayer, honorable Chancellor, SV Air (Com) Dr G. D. Mehta sir welcomed all 1st year BPT students. He inspired the students by quoting practical example of day to day life and motivated them for studying without stress. Next, I/C Dental Dean Dr. R. Seturaman welcomed all the students and gave a motivating speech and inspired all on hard working.

Next, Dr. Lata Parmar, Principal, COP, SV addressed the audience and welcomed the students to Sumandeep Parivar. She explained them about significance of the physiotherapy profession and oriented about the institution, various courses offered by the institution and its attachments with Dhiraj General Hospital and community centers. Following which Professor Dr. G. P. Kumar COP, SV welcomed the students and oriented them about rules and regulations of the institution. Medical Dean SBKSMI&RC Dr. G. V. Shah gave his presence in the orientation and was requested to give his speech and thoughts for the new comers. Following which HOD, Anatomy dept, SBKSMI&RC, HOD, Physiology dept, SBKSMI&RC and HOD, Biochemistry dept, SBKSMI&RC oriented the students regarding Anatomy, Physiology and Biochemistry respectively.

Following which Chief Librarian (LRC) talked about the importance of library and assistance provided by the library to the students.

In the end the U.G. coordinator of Dr. Kalpesh Satani, delivered the vote of thanks and the program was concluded with university song. After orientation program, lunch was organized by the university for the students and their parents at the food court, cafeteria.

In the afternoon session, students were divided into 02 batches for LRC orientation which was conducted by Dr. Dhvani along with the LRC staffs. Following this, students were oriented to Anatomy department, Physiology department and Biochemistry department at SBKSMI&RC and Physiotherapy OPD, DGH by Dr. Niketa, First year class coordinator. Next day on 18th September 2018, all the teaching faculties and administrative staffs of College of Physiotherapy, SV gathered in the First year BPT Gallery class room. All the students introduced themselves following which all the teaching faculties and administrative staffs introduced and welcomed all the students. Following this, Dr. Megha Mehta, Student Co-ordinator and Mentorship in-charge, COP, SV addressed the audience and explained the students on mentorship program and its importance. Dr. Kalpesh Satani, EBES coordinator, COP, SV briefed them the evidence-based practice and the role of EBES in the profession. He also informed to the students that Sumandeep Vidyapeeth is the 1st university to practice EBES.



Library Orientation **for the fresher PG & UG students**

College of physiotherapy has conducted the orientation program for PG& UG students on 6/09/2018 and on 17/9/2018 for the academic year 2018-2019. Central library orientation was arranged on the same day of orientation. Total 7 PG & 60 UG students attended the orientation. In that all students were made aware about general rules and guidelines of how to use library, value added services, searching of books & journals, e books and e journals and ask librarian facility. Along with it all the students were informed to get their library membership as early as possible.

Photo Gallery:



(C) PG Activities

PG Students of college of physiotherapy are undergoing various clinical and academic activities throughout their two years of curriculum.

PG activities include seminar presentation (Evidence based), Case presentations as well as Journal club along with the training in clinical skills.

The details given below are for the period of September to December 2018.

Seminar	8
Case Presentation	35
Journal Club	16
Clinical Skills	32

During this period, PG students had total 04 HRRP meeting for their dissertation progress. They attended CME on “Systemic Disease and Neurological Manifestation” and “Rational Use of Blood and Blood Components” which were organized on 14th Sep and 1st Nov, 2018 respectively.

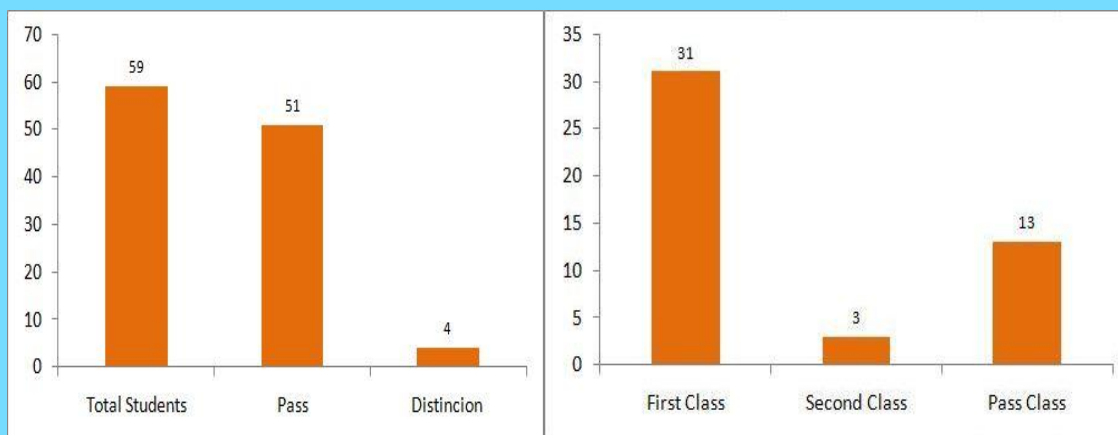
Apart from their regular hospital postings, PG students are having regular Community posting at Waghodia PHC (Weekly once – on Saturday) and at NGO – Friends Society (weekly once – on Sunday) Fatehgunj, Vadodara. They also have participated in camps organised by Dhiraj General Hospital at Jobat & Rajghad, Madhya Pradesh, Javra, Gothada, Vadodara.

(D) University Examination Result

University examination for 1st year was held in August 2018 and result was declared on 25th Sep, 2018.

Graphical presentation of result is as below.

First Year University Exam Result Analysis



(E) Webinar

College of Physiotherapy organizes webinars regularly with – ‘Rehabs Private Limited’.

Dr. Virendra Shandilya gives expert advices related to clinical application of orthotics and prosthetics to Final year students. During this period total five webinars were conducted; each session was conducted for 1 hour.

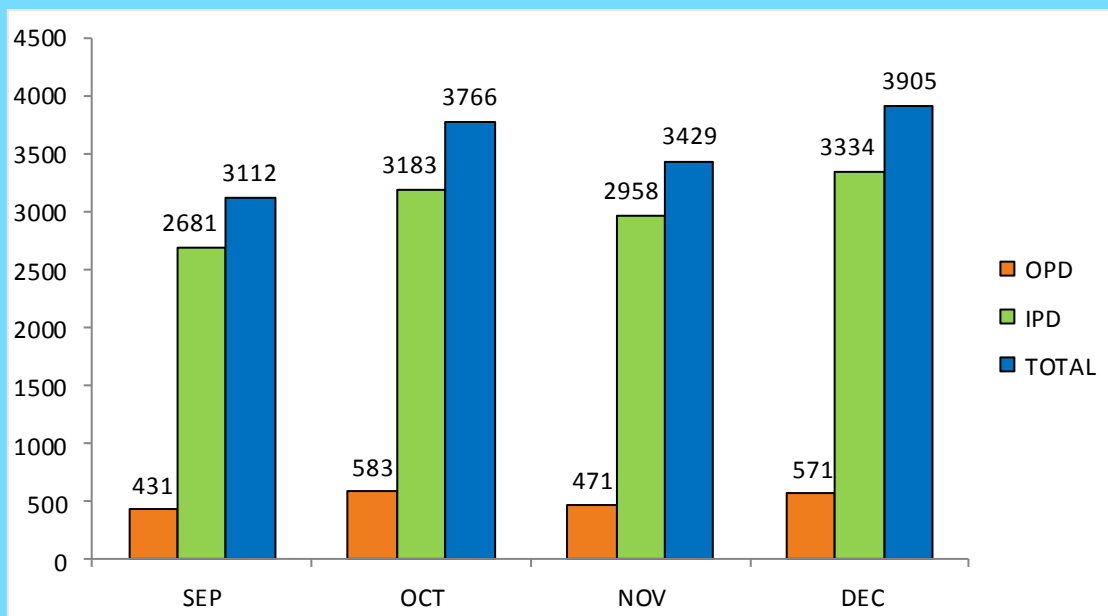
Details are as below.

Sr. No.	Date	Topic	Demonstration
1.	12 th Sept, 2018	Left below knee Amputation	Gait Training with below knee prosthesis
2.	19 th Sept, 2018	Right Calcaneum fracture with supinated foot	Gait Training with Ankle Foot Orthosis
3.	10 th Oct, 2018	Left side tibial amputation	Donning and Doffing of prosthesis
4.	17 th Oct, 2018	Congenital Right DorsoLumbar Scoliosis	Description of Cobb's Angle and Its Orthosis
5.	5 th Dec, 2018	Left below knee Amputation and Below Knee prosthesis	Description of different parts of Prosthesis
6.	26 th Dec, 2018	Left above Knee Amputation	Gait Training with Endoskeletal transfemoral prosthesis

Photo Gallery:



III. PATIENT CARE



Census of Physiotherapy OPD, Dhiraj Hospital for the Months of September to December 2018

IV. RESEARCH ACTIVITY

PAPER PUBLISHED

Sr. No	Author	Corresponding Author	Title	Name of Journal	Volume & Issue, Month & Year
1.	Ashu Sharma	Dr.Neha Mukkamala, Prof. Dr. Lata Parmar	To Establish Normative Data for Hand Grip Strength Amongst Elderly	National Journal of Integrated Research in Medicine	Volume-9, Issue-6, Dec- 2018

LIST OF ONGOING RESEARCH PROJECTS – FACULTY

Sr. No.	Name of Staff	Co-Investigator(s)	Title
1.	Dr. Neha Mukkamala	Prof. Dr. Lata Parmar	Physiotherapy students' preference on chalk and board v/s PowerPoint presentations
2.	Dr. G Palani Kumar	Prof. Lata D Parmar	Immediate effect of electro acupuncture in non-specific low back pain in community

LIST OF ONGOING PHD

Sr. No.	Principal Investigator & Department	Year of Joining	Guide Name	Title
1	Dr. Neha Mukkamala (Physiotherapy)	2012	Dr. J. D. Lakhani	To study the profile as well as prevalence of musculoskeletal problems in patients with diabetes mellitus
2	Dr. Niketa Patel (Physiotherapy)	2012	Dr. P. Golwala	Effect of restoration of normal hip anatomy on abductor lever arm and muscle strength after different hip surgeries
3	Dr. G. P. Kumar (Physiotherapy)	2015	Prof Dr. Lata Parmar	Development and Validation of a new falls efficacy scale with relevance to India
4	Dr. Kalpesh Satani (Physiotherapy)	2016	Prof Dr. Lata Parmar	Effects of continuous monitoring of rehabilitation program on physiological outcomes, functional status, and health related quality of life in patients with coronary artery

				bypass graft
5	Dr. Noel Macwan, (Physiotherapy)	2016	Prof Dr. Lata Parmar	Correlation of physical activity and musculoskeletal pain in elderly in the rural areas, and the effect of home-based physiotherapy - A randomized control trial
6	Dr. Virendra Shandilya (Prosthetic Orthotics)	2016	Prof Dr. Lata Parmar	Functional Viability of an Indigenously Developed Economical Endo-skeletal Prosthetic Knee Joint for Transfemoral Amputees – Comparative Study
7	Dr. Prajakta Patil (Physiotherapy)	2016	Prof Dr. Lata Parmar	Efficacy of Bubble PEP on Breathlessness, Cough, Sputum Scale & Functional Capacity in hospitalized COPD patients – A Randomized Control Trial

LIST OF ONGOING RESEARCH PROJECTS - STUDENT-PG.

Sr. No.	Name of Student	Guide Name	Title
1.	Ananya Mehta	Dr. Neha Mukkamala	Strength and functional deficits following total hip replacement in individuals with avascular necrosis of femoral head
2.	Axita Vyas	Dr. Neha Mukkamala	To see the effectiveness of home-based exercise program in patients with hip arthroplasty
3.	Hunita Dhanju	Dr. G.P. Kumar	Lower limb flexibility, muscles strength and its association with multi-directional reach test in elderly subjects
4.	Mayuri Saxena	Dr. G.P. Kumar	Lower limb flexibility, muscles strength and power and its association with agility in non-specific recreational sport players
5.	Nidhi Patel	Dr. Kalpesh Satani	Measurement of lumbar lordosis angle using flexible ruler in college going students with or without non-specific low back pain
6.	Samira Patel	Dr. Nalina Gupta	Physical activity of community dwelling elderly population-A survey

LIST OF ONGOING RESEARCH PROJECTS - STUDENT-UG.

Interns' Batch	Names of Intern	Guide	Title
A	Aakash Sadhnani	Dr. Neha Mukkamala	To see the changes after physiotherapy in patients with adhesive capsulitis
	Aarti Jaysukbhai Paghadal		
	Aastha Lakulesh Mehta		
	Aastha Vikashkumar Bodade		
	Aesha Naileshkumar Patel		
B	Ashana Rajiv Patel	Dr. Nalina Gupta	To see the changes in tone following physiotherapy treatment in patients with spasticity
	Bhavini S Gohil		
	Bhumika Alkesh Patel		
	Chaitalee Vimal Mehta		
	Devashree S Vyas		
	Dhara Gosai		
	Dharti Sudhirkumar Patel		
C	Dhvani C Patel	Dr. Deepak Kumar	To see the changes following physiotherapy in patients with chronic low back pain
	Dinkal Kanubhai Panchal		
	Divyajitsinh J Solanki		
	Eeshita V Tangellapalli		
	Helly Mayankbjai Sathwara		
	Hetvi Jigish Shah		
	Himadree Asit Vyas		
D	Himaniben Bipinbhai Patel	Dr. Noel Macwan	To see the changes after physiotherapy in patients with lower segment caesarean section
	Hitiksha Hiren Raval		
	Ipsa Tushar Dalal		
	Jay Manojkumar Patel		
	Jigna Prafulchandra Nayi		
	Juhi Ajaykumar Jani		
	Kairavi Patel		
E	Kalpana Dineshbhai Rajwala	Dr. Kalpesh Satani	To see the changes following physiotherapy in patients with abdominal surgery
	Khyati Haresh Pillai		
	Kshiti Rajeshbhai Desai		
	Mansi Jayeshkumar Shah		
	Mansi R Trivedi		
	Meetkumari Patel		
	Meghal Vijaybhai Dave		
F	Mitul Mahendrabhai Patel	Dr. Parth Devmurari	To see the changes in chest expansion and range of motion after physiotherapy in patients with mastectomy
	Namrata Mahesh Nirmal		
	Naureen Shakil Shaikh		
	Nidhi Sunilbhai Gandhi		

	Nidhiben Samirbhai Zaveri		
	Nikita Hiten Jaiswal		
	Nirali Vinay Upadhyay		
G	Nishita Rajeshkumar Soni	Dr. Dhvani Chanpura	To see the changes following physiotherapy in cervical radiculopathy
	Nova Lokeshkumar Achnani		
	Palak Kamleshbhai Patel		
	Piyusha Jayeshbhai Anaghan		
	Prachi Pramodkumar Modi		
	Prachiben M Bhuva		
	Prachiben Tarunkumar Shah		
H	Priyanshi Prafulbhai Thakkar	Dr. Maitri Shukla	To see the changes following physiotherapy in post-operative proximal femur fracture
	Ramyasakthi M Nadar		
	Reeya Rakeshbhai Patel		
	Richa Rakesh Patel		
	Ritaben B Bhoi		
	Rutviben Lalitbhai Patel		
	Sabina Suleman Pir		
I	Sandip O Dhameliya	Dr. Megha Mehta	To find out the forward reach distance using functional reach test in college going students
	Shiv Vikaskumar Patel		
	Shivangi D Modi		
	Shivani Mukeshbhai Patel		
	Shivani Vishnubhai Patel		
	Shreya Dilipbhai Trivedi		
	Shreya Vijaykumar Patel		
J	Soniya Kamlesh Shah	Dr. Niketa Patel	To see the changes in pain and range of motion following physiotherapy in patients with osteoarthritis of knee
	Swara Upendra Dave		
	Tanvi Sanjaybhai Patel		
	Urvashi Dineshkumar Gohel		
	Urvi Sanjaybhai Bhatt		
	Vandana Ratan Makhijani		
	Vidhi Abhay Mehta		
K	Vidhi Maheshkumar Thakkar	Dr. Purvi Patel	To see the changes following physiotherapy in patients with non-specific neck pain
	Vidhi Shailesh Khandor		
	Vidhi Vijay Patel		
	Virali Chandrakantbhai Patel		
	Vishwajeetsingh N Rathore		
	Zalak Jayeshbhai Patel		
	Heli Paresh Kumar Dalal		
L	Bhatt Himani Mukeshkumar	Dr. G Palani Kumar	To see the changes in patients of post-operative
	Krishna Jitendrakumar Patel		

	Patel Krishna Suresh		laminectomy following physiotherapy treatment
	Shivani Patel V		
	Shah Jainika Kishorkumar		
	Sharma Shivani Suresh		
	Irva Milanbhai Talati		
M	Kripa Desai Y	Dr. Jay Soni	To see the changes in range of motion, strength, muscle girth following physiotherapy treatment in hip replacement
	Gurav Jignya		
	Sejal Parmar		
	Patel Krishna P		
	Patel Nikitaben Harshadkumar		
	Sarvi Patel		
	Gajal Arora		
	Vidhi Raja		

CONFERENCE/WORKSHOP/CME/SEMINARS/SYMPOSIA – ATTENDED

Sr. No.	Name(s)	Workshop / Conference Title	Organized by	Date/s
1.	Prof. Dr. Lata Parmar	Systemic Disease and Neurological Manifestation	SBKS Mi & RC, SVDU	14 th Sep, 2018
	Dr. G Palani Kumar			
	Dr. Nalina Gupta			
	Dr. Purvi Patel			
	Dr. Dhvani Chanpura			
	Dr. Parth Devmurari			
	Dr. Deepak Kumar			
	Dr. Maitri Shukla			
	Dr. Krina Ved			
2.	Dr. Neha Mukkamala	A workshop on Spinal Manipulation therapy	COP, SVDU	25 th Sep, 2018
	Dr. Niketa Patel			
	Dr. Maitri Shukla			
	Dr. Purvi Patel			
	Dr. Dinesh Shekhar			
	Dr. Noel Macwan			
	Dr. Jay Soni			
3.	Prof. Dr. Lata Parmar	Conference on Implanting Evidence in to Physiotherapy	CHARUSAT, Changa	20 th & 21 st Dec, 2018
4.	Prof. Dr. Lata Parmar	Professional Dynamics and changing the nature of Physiotherapy Practice	Faculty Development Cell, SVDU	20 th Dec, 2018
	Dr. G Palani Kumar			
	Dr. Nalina Gupta			
	Dr. Purvi Patel			
	Dr. Dhvani Chanpura			
	Dr. Parth Devmurari			

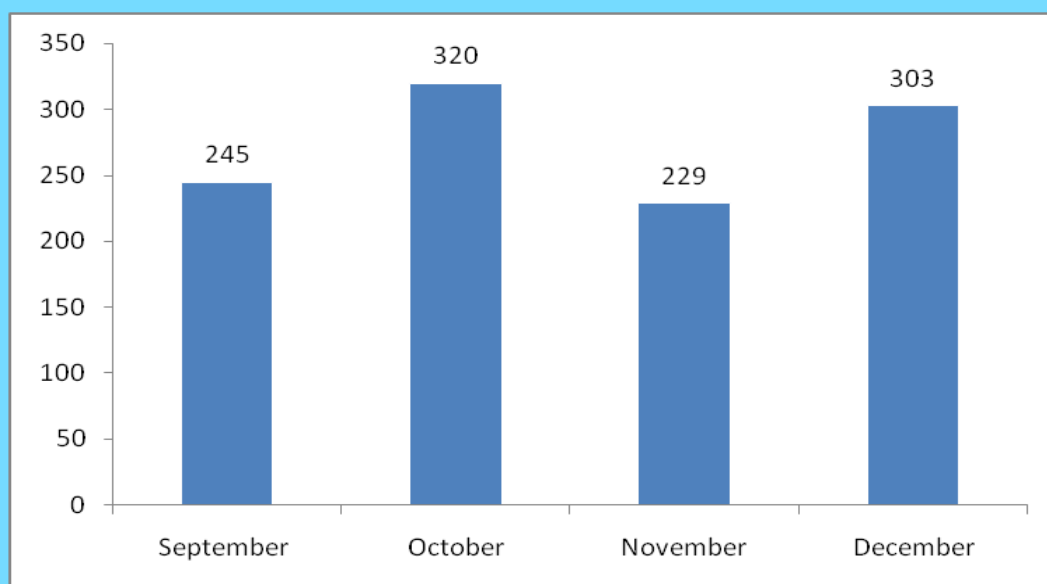
	Dr.Deepak Kumar			
	Dr. Maitri Shukla			
	Dr.Kalpesh Satani			
	Dr.Parth Devmurari			
	Dr.Noel Macwan			
	Dr.Jay Soni			
	Dr.Dinesh Shekhar			
5.	Dr.Nalina Gupta	Designing and validation of questionnaires and insight to Qualitative Research	Department of Public health Dentistry, KMSDCH, SVDU	20 th and 21 st December, 2018
	Dr.Niketa Patel			
	Dr.G.P.Kumar			
6.	Dr. G Palani Kumar	International Conference on Med-Tech Innovations for Primary Health Care	Indian Institute of Health science, Gandhinagar	27 th , 28 th , 29 th , December, 2018

HONORS / AWARDS / RECOGNITION RECEIVED BY FACULTY

Sr. No.	Name of faculty	Details	Name of awarding body/ agency	Date
1.	Prof. Dr. Lata Parmar	CHARUSAT Physiotherapy Conference (CHAPCON-2018), Panel Discussion Topic: Strategies to Foster Evidence based Practice in Education and Practice”	Speaker of Panel Discussion	20 th & 21 st Dec, 2018
2.	Prof. Dr. Lata Parmar	Meeting of Board of Academics	GSCPT	12 th Oct, 2018

V. COMMUNITY EXTENSION

College of Physiotherapy is providing service at community in various places like Bahadarpur, Waghodia and Friend society at Baroda. Our Faculties and Students visit at Friend Society every Sunday and at Primary Health Center, Waghodia every Saturday and total numbers of patients were 48 and 11 respectively during September to December 2018. Number of patients treated at Bahadarpur center as below.



No. of patient in Bahadarpur (September to December 2018)

Total No. of Patients (Sept-Dec 2018)	
Friends Society, Vadodara	48
Primary Health Center, Waghodia	11

VI. EVENTS

A. World Cerebral Palsy day

Every year college of physiotherapy celebrates the World Cerebral Palsy day on 6th October. This year, we organized a “Poster competition” for UG students on 6/10/2018 from 9:30 am – 12 noon. Following were the topics allotted to students for creating awareness about cerebral palsy:

1. Integration of Adult Cerebral palsy into Society- 1st year B.P.T & 2nd year B.P.T
2. Challenges/ Problems faced by Adult Cerebral palsy- 3rd year B.P.T
3. Civic rights /policy for Cerebral palsy patients- 4th year B.P.T

Total 16 students (8 pairs) participated in the competition. According to the competition guidelines, students prepared posters in the college from 9:30 – 11 am in departmental Library. Dr Maheriya, Professor, Dept. of Pediatrics, SBKS MI&RC and Dr Kalpesh Satani, Associate Professor, COP was the judge for the competition. After competition, posters were displayed in departmental library for all UG students.

Following were the winners of the competition:

Winners: Samiksha Ranka & Kesha Patel from 3rd year BPT

1st Runner up: Hiral Patel & Krina Patel from 3rd year BPT

2nd Runner up: Kush Acharya & viral Gareja from 3rd year BPT

Photo Gallery:



B. Fresher's party (2K18-19): MATRICOLE FESTA

Every year, second year BPT students of College of Physiotherapy (COP), SV organizes Fresher's party for first year BPT students. This year also present Second year BPT students had organized a fresher's party – MATRICOLE FESTA 2K18 on 13th October 2018 for first year BPT students (2018–19) at COP Auditorium. Party started with warm welcome of dignitaries, faculties and freshers at 9:15 am. Honourable Chancellor, SVDU, Air (Com.) Dr G.D.Mehta, Dean KMSDH, Dr Bhavna Dave and Prof Dr Lata Parmar, Principal, COP, graced the occasion and welcomed freshers on behalf of SV parivaar. Next, there was formal introduction ceremony where 2nd year introduced themselves to the fresher following which freshers introduced them self to everyone.

After introduction ceremony, there were games & performances by both 1st and 2nd year students. order of the same were as follow;

Sr No.	Performance	Student/s	Year
1	Solo Dance	Vraj Parikh	1st year BPT
2	Solo singing	Sherya Parmar	2nd year BPT
3	Group Dance	Shivani Raguwansi and Muskan Koliwali	1nd year BPT
4	Solo dance	Akansha	1st year BPT
5	Solo singing	Foram Solanki	1st year BPT
6	Game	-	1st & 2nd year BPT
7	Solo dance	Sanika	1nd year BPT
8	Solo Dance	Jivesha	1st year BPT
9	Solo Singing	Urvi Bhagat	1st year BPT
10	DJ		1 and 2st year BPT

Following performances and games there was DJ for about 1 hour. After DJ, there were refreshments (Samosa, puff, pastry and cold drinks) for students (1st & 2nd year), faculties and non-teaching staffs arranged at COP porch by 2nd year BPT students.

Photo Gallery:



C. International day of people with disability 2018

Every Year College of Physiotherapy celebrates “International Day of People with Disability” on 3rd December. On this day we organize events/program based on declared theme by UN. This year on 3rd December 2018, from 10 am – 11:30 am, we organized an educational program for physiotherapy students (UG and PG), and faculties based on this year’s declared theme “Empowering persons with disabilities and ensuring inclusiveness and equality”. The guest of honor for this program was honorable Chancellor, SVDU, Air (Com) Dr G. D. Mehta. He was accompanied by additional Dean, SBKS MI&RC, Dr Paresh Golwala and Principal COP, Prof Dr Lata Parmar. Speakers for the program were Mr Antony Joseph, Workshop Foreman, National Career Service Centers for Differently Abled (Women), Vadodara and Dr Manish Kathad, Professor, Dept. of Community Medicine, SBKS MI&RC.

The Program commenced in University Auditorium at 10 am. The guests and speakers were felicitated and blessing of almighty was evoked with lamp lighting and prayer. Prof Dr Lata Parmar, Principal, COP welcomed all and explained about the theme of the day. She spoke on key role of Physiotherapist in leading the rehabilitation of people with disability by helping them to achieve maximum potential. She also spoke on how physiotherapy helps in empowering people with disability by reducing activity limitations and enhancing participation. Next, Dr Paresh Golwala, Additional Dean, SBKS MI&RC spoke to the audience. He stressed on addressing infrastructural barriers to ensure inclusiveness and equality. After him, there was address by guest of honor, Air (Com) Dr G. D. Mehta, Chancellor, SVDU, who spoke on need and significance of physiotherapist in helping individuals with disabilities.

Following guest of honor’s speech, there was session by Dr Manish Kathad, Professor, Dept. of Community Medicine. He spoke on “Epidemiology of disability” where he covered types, prevalence and impact of disability in our society. He also spoke on different theme declared by United Nations for celebrating the day.

Last session was by Mr. Joseph Antony, Workshop Foreman, National Career Service Centers for Differently Abled (Women), a central government organization which provides vocational rehabilitation to women with disability in Vadodara. He described functioning of the organization and how it helps in helping women with disability by providing training in computer languages, computer operation and Sewing to achieve financial independence. The organization also help them for the employment. He also insisted in avoiding term “Disabled” and using “Differently abled” for the person with disability and significance of physiotherapy

and rehabilitation in empowering them to assure inclusiveness and equality. After his session, program concluded with vote of thanks and University song.

Photo Gallery:



D. Workshop on Spinal Manipulation Therapy

The hands-on workshop on Spinal Manipulation Therapy was conducted on 25th Sep, 2018. Dr Dibyendunarayan Bid, PhD, Senior Lecturer, from Sarvajanic college of Physiotherapy, Surat, Gujarat, was visiting Vadodara, and also decided to see us on his way back. As he is expert on various spinal techniques, he agreed to share his expertise with our faculties & PG students. This interactive workshop was therefore organized at a very short notice. It was of 02 hours duration. The resource person showed various techniques of spinal manipulation for the cervical, thoracic and lumbar regions. The students benefitted from the expertise of the resource person.



E. Workshop on Professional dynamics and the changing nature of Physiotherapy practice

The workshop on 'Professional dynamics and the changing nature of Physiotherapy practice' was organized by Faculty Development Cell, College of Physiotherapy, SV on 20th Dec 2018. The workshop was organized for the teaching faculty of College of Physiotherapy and 14 of them attended it. The workshop started at sharp 10:00 am with Dr Neha Mukkamala, COP, FDC coordinator welcoming all the speakers and delegates. This was followed by a prayer sung by a final year student.

The first session was on 'Concept & components of Professionalism' taken by Dr Hetal Pandya, who is Prof & HOD Dept. of Medicine, SBKSMI&RC, SVDU, Director, FDC, SVDU and has received International Fellowship in Medical Education. She explained regarding the need and components of Professionalism which included Clinical competence, Communication skills and Ethics.

The second session was on 'Ethics in Physiotherapy' by Dr. Lata Parmar. She elaborated on the seven core values of Accountability, Altruism, Compassion & caring, Excellence integrity, Professional behavior and social responsibility.

The third session was on 'Communication skills and Professionalism' by Dr Lakhan Kataria who is Prof & HOD Dept. of Psychiatry, SBKSMI&RC, SVDU, deputy MS, DGH and has completed Advanced course in Medical Education run by MCI in 1st batch. He explained about verbal and non-verbal communication and how for communication to be effective, 90% is non-verbal and 10% is verbal.

The fourth session was group activity taken by Dr Medha Wadhwa, who is Assistant professor, Dept. of Management, SVDU, Member secretary, FDC, SVDU. All the faculties were divided into three groups and each was given a scenario to do a role-play of 5 minutes. At the end there was discussion on the role plays on professional and unprofessional behavior. All the faculty enjoyed the role-play a lot.

The workshop ended with a valedictory function and vote of thanks by Dr Neha Mukkamala

Photo Gallery:



F. PHYSIO-ZEST 2018

College of Physiotherapy, Sumandeep Vidyapeeth Deemed to be University celebrated its annual fest- Physio-Zest from 18th December 2018 to 21st December 2018. The students showed utmost enthusiasm by participating in all of the events and making Physio-Zest 2018 a very memorable one.

DAY 1: CARNIVAL DAY

18th December 2018 marked the commencement of the zest. The first day was celebrated as Carnival Day. The students were dressed as different characters from a plethora of genres which definitely set the mood for celebration.

With high spirits, we initiated the event with an inauguration ceremony in the presence of **Honorable Chancellor, SVDU Air (Com) Dr. G.D. Mehta and Principal, COP, Prof. Dr. Lata Parmar**. They graced us with their heartily words and unveiled the Physio-Zest 2018 banner which set the entire college into a festive mood. The outline of first day is as below.

Sr. No.	TIME	EVENTS	VENUE
1.	9.00am to 10.00am	Inauguration ceremony	COP,SV
2.	10.00am to 11.00am	Rangoli	COP,SV
3.	10.00am to 10.30am	Lemon and Spoon	Amphitheatre
4.	10.30am to 11.30am	Dog and the Bone	Amphitheatre
5.	11.30am to 12.30pm	Ceramic Art work	College Library
6.	2.00pm to 3.00pm	Jiffy Games For Students	COP,SV
7.	3.00pm to 5.00pm	Clue do	COP,SV

DAY 2: ETHNIC DAY

The second day of Physio-Zest 2018 was celebrated as ethnic day. The college was filled with bright colors of saris and kurtas as the students enjoyed their day and captured beautiful memories. The outline of schedule is as below.

Sr. No.	TIME	EVENTS	VENUE
1.	9.00 am to 10.30 am	Your Instagram Feed	COP,SV
2.	10.30 am to 11.30 am	Confectionary Treat	COP,SV
3.	10.30 am to 1.00 pm	Secret Superstar & Tambola	COP,SV
4.	6.00 pm Onwards	Cultural Night	

DAY 3: TWINNING DAY

The day started with a very energetic session of Zumba. Students very much enjoyed the 45 minute session which geared them up for the events are as followed.

Sr. No.	TIME	EVENTS	VENUE
1.	9.15am to 10.00am	Zumba	Amphitheatre
		Tunnel Game	
2.	10.00am to 11.30am	Badminton Girls and Boys	Maitri and Bharadwaj Hostel
3.	11.30am to 1.00pm	Kho Kho	Amphitheatre
4.	2.00pm to 3.30pm	Dodge Ball	Amphitheatre
5.	3.30pm to 5.00pm	Temple Run	Amphitheatre
		Carrom	COP,SV
		Table Tennis	COP,SV

DAY 4: ATHLEISURE DAY

The last day of Physio-Zest 2018 was observed as Athleisure Day. Athleisure is a combination of two words: Athletic and Leisure. Students wore sporty yet comfortable clothes on this day as the day was meant for sports. The schedule of the same is as follow.

Sr. No.	TIME	EVENTS	VENUE
1.	9.15am to 10.30am	Zumba & Tug of war	Amphitheatre
2.	10.30am to 12.30pm	Kabbadi	Amphitheatre
3.	12.30pm to 1.00pm	Teachers Game	COP,SV
4.	2.00pm to 3.00pm	Shot Put	Sports Complex
		Long Jump	

Photo Gallery:







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