

# RENAISSANCE

NEWS LETTER OF COLLEGE OF PHYSIOTHERAPY



**Volume 7 Issue 1  
January - April 2018**

**College of Physiotherapy  
Sumandeep Vidyapeeth**

**(An Institution Deemed to be University u/s 3 OF UGC ACT OF  
1956)**

**NAAC Accredited Grade – A with CGPA 3.53/4**

**At & P.O. Pipariya, Taluka – Waghodia, PIN – 391760**

**District – Vadodara, Gujarat State, INDIA**

**Telephone: +91 2668 245029**

**Email: [principal.physiotherapy@sumandeepvidyapeethdu.edu.in](mailto:principal.physiotherapy@sumandeepvidyapeethdu.edu.in)**

# MISSION AND VISION

## MISSION

The mission is to educate competent autonomous Physiotherapists who, by their commitment to advance the health and quality of life for all, are leaders regionally, nationally and internationally. The faculty is dedicated to creating a collaborative environment demonstrating excellence in teaching and learning, research and creative activity and service to the community and profession.

## VISION

College of Physiotherapy, SUMANDEEP VIDYAPEETH, will excel as recognized leader nationally and internationally in education, research, and civic engagement.

# EDITORIAL BOARD

Advisor to Editorial Board

**Prof. Dr. Lata Parmar PhD**

Principal, COP, SV

Editor in Chief

**Dr. G. P. Kumar PT**

Professor, COP, SV

Members of Editorial Board

**Dr. Kalpesh Satani PT**

Associate Professor, COP, SV

**Dr. Nalina Gupta PT**

Associate Professor, COP, SV

**Dr. Neha Mukkamala PT**

Assistant Professor, COP, SV

**Dr. Megha Mehta PT**

Assistant Professor, COP, SV

Managing Editor

**Dr. Jaykumar Soni PT**

Assistant Professor, COP, SV

# INDEX

<b>Sr. No.</b>	<b>Title</b>	<b>Page No.</b>
I.	College of Physiotherapy Family Photo	5
II.	Academic activities	6
III.	Patient Care	16
IV.	Research activities	17
V.	Community Extension	24
VI.	Events	25
VII.	Miscellaneous	33

# I. FAMILY PHOTO





## II. Academic Activities

### (A) CME on “Sports Injuries – Evidence Based Physiotherapy”

College of Physiotherapy, Sumandeep Vidyapeeth, organized CME on “Sports Injuries – Evidence Based Physiotherapy” on **19<sup>th</sup> January 2018** at University Auditorium, 1<sup>st</sup> floor, SBKS MI & RC, at Pipariya, Waghodia, Vadodara.

This Scientific Program envisages physiotherapists to enhance clinical reasoning and sound decision making while assessing & treating patients with sports injuries. The participants also learned -

- Overview on various sports injuries.
- Physiotherapy assessment and evidence-based management in sport injuries.

**Chief Guest - Dr. Rajesh Bharaney, Vice Chancellor, SVDU.**

#### **RESOURCE PERSON:**

- **Akhoury Gourang Kumar Sinha, M.S.P.T, PhD** –Professor & Dean, Faculty of Medicine at Punjabi University, Patiala, Punjab. He has more than 23 years of Clinical & Academic experience in Sports Medicine & Physiotherapy. He has published more than 60 papers in reputed journals & has presented several papers at various National, International Conferences of Physiotherapy, Sports Medicine and Physical Rehabilitation. He is the author of 4 published books. He has conducted several workshops for qualified physiotherapists in the field of sports. He received prestigious ‘CP Nair Oration award’ & ‘India medico award’, of Indian Association of Physiotherapists for outstanding contribution in professional upliftment. He is Editor in Chief of Journal of Indian Association of Physiotherapists & Editor of International Journal of Physiotherapy.

The program began at 9:30 am. Dr. Sinha started his talk on introduction of sports injuries. Inauguration function of the CME was arranged at 11:00 am. Dr. Rajesh Bharaney, Vice Chancellor, SVDU, Dr. Harshoda, HOD, Department of physiology, SBKS MI & RC,

Resource persons Dr. Akhoury Gourang Kumar Sinha & Principal Prof. Dr. Lata Parmar were the dignitaries for lamp lighting to inaugurate the academic function.

Following this Prof. Lata Parmar, Principal, welcomed all the Dignitaries and spoke few words emphasizing on the importance of such CME. Dr. Rajesh Bharaney, Vice Chancellor, SVDU congratulated college of physiotherapy for organizing the CME on this topic & asked all delegates to take full advantage of expertise of speaker in the field of sports. Later resource person continued with the topics. Academic session of CME was concluded at 1:30 pm. Total 248 participated in the CME.

## **(B) Workshop on Taping Techniques – Hands on Training**

Following Lunch, hands on workshop on Taping Techniques – Hands on Training was arranged for faculties & PGs of college of physiotherapy at electrotherapy department of college of physiotherapy. Total 25 participants took advantage of this workshop.

### **Photo gallery of CME and Workshop**



## **(C) Internship Induction (Feb- Aug 2018)**

Internship induction program was conducted on 1<sup>st</sup> February 2018 for the students who had successfully passed the university examination held in December 2017. The result for the final year examination was declared on 18<sup>th</sup> January 2018 and the internship program was started within 15 days of declaration of result as stipulated by Physiotherapy undergraduate curriculum of Sumandeep Vidyapeeth. Information regarding the commencement of internship program was displayed on the college notice board on 23<sup>rd</sup> January 2018 and a copy was sent to the Registrar, Sumandeep Vidyapeeth University on the same day.

The induction program was started at 9:30 am. Dr. (Prof.) Lata Parmar, Principal, College of Physiotherapy; Dr. G Palani Kumar, Professor, College of Physiotherapy; Dr. Kalpesh Satani (EBES coordinator); Dr. Nalina Gupta (Internship coordinator), Dr. Neha Mukkamala (Clinical In charge); and Dr. Megha Mehta (CCEF coordinator) were present. Twenty-three students were present. Only one student did not appear for the internship induction program. Dr. Nalina welcomed all and congratulated all the students for successfully completing their final examination and starting with their internship.

Dr. Prof. Lata Parmar welcomed all the interns and congratulated all of them. She emphasized on the significance of internship period in clinical practice. This is the time when interns could apply what they have learnt in all the four years of their under-graduation. They could improvise on their clinical decision making under supervision. She even asked interns to tell about their aspirations. Then, Interns were asked to introduce themselves and talk briefly about their aspirations and their expectations from the internship. All the interns introduced themselves and mentioned that they will give their best to this internship period. They expect to learn a lot during this period regarding patient management and clinical decision making. Most of the interns aspire for higher education i.e. MPT.

Dr. Kumar also welcomed all the interns and congratulated all of them. Dr. Neha Mukkamala welcomed all and emphasized on the importance of having a hospital attached to the college. Dr. Kalpesh Satani welcomed all and emphasized on evidence-based education system and practice. Dr. Megha welcomed all and introduced them regarding CCEF facility available where they could come and meet her every Friday from 12:00 to 01:00 pm regarding their future perspectives i.e. job placements or pursuing higher education.





Finally, Dr. Nalina the present intern coordinator and Prof. Kumar explained all the interns regarding various rules and regulations. Twenty-four interns have been grouped in to twelve batches. Internship period is of 26 weeks. Each batch will have their posting in 13 wards/ OPD for two weeks each. The details of the same have been displayed on the notice board. During 26 weeks tenure, interns have 6 casual leaves, more than two days in any of the postings is to be avoided as this will contribute towards extension in the same posting. Also, if leave one day prior as well as one day after a holiday is taken, then holiday will also be considered as a leave. Taking a leave is not their right. Leave application has to be duly signed by the ward in charge and forwarded to the principal through Internship coordinator. They can take their leave only when it is sanctioned.

During this period, they will also have evidence-based seminars and evidence-based research projects. Topics for the research projects will be selected under the guidance of a guide and it will be a case-series. Guides for the research projects and HRRP clearance will be done within one month of the commencement of the internship. Research project must be submitted one month before the completion of the internship with duly signed by their guides. Topics for the evidence-based seminars will be decided and started within two months of the commencement of the internship program.

All the students were asked to give joining report, fill interns detail form and submit it to the Internship coordinator. They were also given a copy of logbook to be photocopied by all the students. Students were asked to maintain their log book on a regular basis and it will be checked by the internship coordinator every week.

Students were asked if they have any queries. The induction program ended at 11:30am. And students were asked to proceed to their respective postings.

## **(D) Parents Teacher Meeting-2018**

Parent Teacher Association (PTA), COP, SV had organized Parents Teachers Meeting on 29<sup>th</sup> March 2018 between 10 am – 1 pm at College of Physiotherapy, SV. All the parents were informed in advance through the notice put up and all the coordinators informed their respective class confirming the number expected to come.

The purpose of the meeting was:

1. To interact with parents on their ward's overall performance.
2. Take feedback from the parents.

On the 29<sup>th</sup> March 2018, the students along with the parents started coming to the College between 9 am -10 am, they were guided to the respective classrooms and made comfortably seated. At 10 am class, coordinators in their respective classes, presented a brief report on overall performance of their class. The presentation included, subjects' students learnt in current year of study and their overall performances in internal exams taken till date. The class coordinators also talked about the average attendance of entire class (95 % in 1<sup>st</sup> BPT, 96% in 2<sup>nd</sup> BPT, 97% in 3<sup>rd</sup> BPT and 96% in final year BPT).

After the presentations, parents interacted with the class coordinators and mentor's one-to-one basis and discussed their wards' performance. Some of the parents also interacted with the Principal, of the College. Feedbacks were taken from all the parents who attended the meeting and overall feedback from parents about college functioning was very good. The parents-teacher meeting was ended with refreshments arranged for the parents in the foyer of the college at around 11.30 am.

Once the parents-teacher meeting in the respective classes was over, PTA Association meeting was conducted in Physiotherapy Education Unit / meeting room. The agenda was:

- Introduce new members in association
- Discuss overall performances of students (curricular and extracurricular)
- Suggestions from the member Parents – there were 2 main suggestion such as organizing Parents teacher meeting in 1st week of April so that maximum parents can attend, and provision of Air Conditioner. in reading room of Learning Resource Centre (LRC) during summer, etc. With this the meeting concluded at 1 pm.

## Photo Gallery



## Parents' interaction with class coordinators



## Refreshments



## Parents – Teachers Association Meeting

## **(E) Educational trip to Rehabs Clinic**

An educational visit to REHABS- an Orthosis and Prosthesis clinic, was organized on 09<sup>th</sup> and 10<sup>th</sup> of April 2018 for final year BPT students. Final year students were divided in two equal batches of 63 students each. A college bus was arranged for the students and faculty Dr. Deepak Kumar accompanied the students on both the days. The visit was from 2 p.m.- 4:30 p.m. Dr. Keyur, Prosthetist & Orthotist oriented the students regarding orthosis and prosthesis used in different conditions.

‘Lower limb Prosthesis’ used by two patients were demonstrated. The following 2 cases were shown and management discussed.

1. Prem Zujnani, 55-year-old male with below knee amputation before 1 month. He had complained of ulceration in feet (Diabetic foot) spreading to the leg and also skin changes and dry dead skin blackened prior to surgery. He was fitted with B K prosthesis after which he was able to walk in parallel bar independently.

2. Kanubhai, 50-year-old male with below knee amputation due to trauma i.e. RTA. He was fixated with plates and screw post trauma however complications occurred due to which amputation had to be done. He was fitted with prosthesis after which he was able to walk independently within parallel bar.

Donning and Doffing of the prosthesis by the patients as well as gait training with the prosthesis was shown to the students.

Lastly the students were taken to the workshop where the making of the orthotic and prosthetic components was shown, the students were also shown different orthosis used for different conditions like Flat Foot, Plantar Fascitis, CTEV, Foot Drop, and Paraplegia. Silicon in-soles, AFO, KAFO, HKAFO, Cock-up-splint, spinal orthosis etc. were also shown. Many doubts the students had regarding orthosis and prosthesis were also solved.

At 4:00 pm after attendance students dispersed along with them in charge and reached back to campus by 4:45 pm.



Photo Gallery





## **(F) PG Activities**

PG Students of college of physiotherapy are undergoing various clinical and academic activities throughout their two years of curriculum. PG activities include seminar presentation (Evidence based), Case presentations as well as Journal club along with the training in clinical skills. The details given below are for the period of January to April 2018. This time total 44 seminars were conducted. In addition to this, 2<sup>nd</sup> year PG students continued data collection for their on-going dissertation and 1<sup>st</sup> year PG students had finalised their title and submitted for Sumandeep Vidyapeeth Institutional ethical committee (SVIEC) approval. During this period total six Human Research Review Panel (HRRP) meeting were held to present their progression report of dissertation.

Apart from their regular Hospital postings, PG students are also having regular Community posting (Weekly once – on Saturday) at Waghodia PHC. They also visit NGO - Friends Society (weekly once – on Sunday) at Fatehgunj, Vadodara.

During this period, Post Graduate students (Both 1st & 2nd Year MPT) attended CME on sports injury: evidence-based physiotherapy and workshop on Tapping Techniques which was organized on 19<sup>th</sup> Jan 2018. Apart from this, on 25<sup>th</sup> Feb 2018 they attended CME on Mechanical ventilation.

## **(G) University Supplementary Examination Result**

University Supplementary examination was held in Dec, 2017 and result was announced on 18<sup>th</sup> Jan, 2018.

## **(H) Webinar**

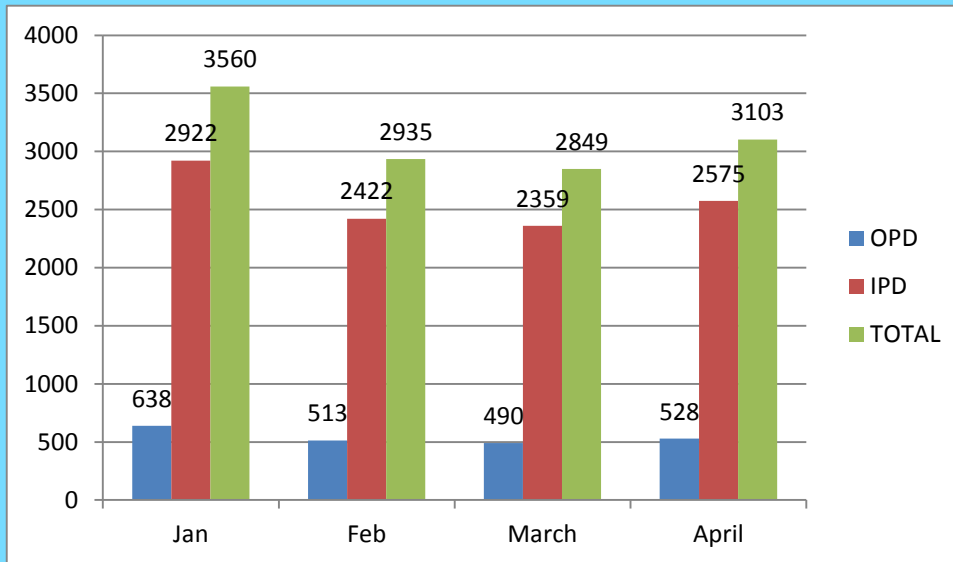
College of Physiotherapy organizes webinars regularly with Dr. Veerendra Shandilya – Rehabs Private Limited. He gives expert advices related to clinical application of orthotics and prosthetics to Final year students.

During this period total four webinars were conducted; each session was conducted for 1 hour.

Details are as below.

<b>Sr. No.</b>	<b>Date</b>	<b>Topic</b>	<b>Demonstration</b>
1	14 <sup>th</sup> Feb, 2018	Below knee and above knee amputation	Different parts of prosthesis, Donning and Doffing, Gait training in parallel bar. He also showed artificial knee joint, locking and unlocking mechanism.
2	28 <sup>th</sup> Feb, 2018	Diabetic neuropathy with bilateral non-healed ulcer	Ankle Foot Orthosis(AFO) with offloading areas to ulcer was shown with donning and doffing procedure.
3	7 <sup>th</sup> March, 2018	Transfemoral amputation with above knee prosthesis	Gait training with prosthesis, ascending and descending stairs with elbow crutches.
4	21 <sup>st</sup> March, 2018	Right side below knee amputation and below knee prosthesis	Gait training in parallel bar, donning and doffing procedure

# III. Patient Care



**Census of Physiotherapy OPD, Dhiraj Hospital for the Months of January to April 2018**

# IV. RESEARCH ACTIVITY

## PAPER PUBLISHED

Sr. No	Author	Title	Name of Journal	Volume & Issue, Month & Year
1	Neha L Mukkamala,	Is Chalk and Board Still a Preferred Method for Enhancing Learning?	International Journal of Current Advanced Research	Volume- 7 Issue-1(A), Jan-2018
2	Prof.Dr.Lata Parmar	The effect of positional changes on oxygenation in patients with head injury in the intensive care unit	Journal of Family Medicine and Primary Care	Volume-6 Issue-4, Feb-2018
3	Prof.Dr.Lata Parmar	Exploring factors affecting Quality of Life (QOL) in people with parkinson's disease (PWP) in India: A Focus Group Discussion (FGD) with professionals	International Journal of Research in Social Sciences	Volume-8 Issue-3, March-2018
4	Dr.Niketa Patel	Physiotherapy and Rehabilitation in Restoration of Function Post THA – A Narrative Review	Medical Journal of Clinical Trials & Case Studies	Volume-2 Issue-3, March-2018
5	Prof.Dr.Lata Parmar	Effect of motor-cognitive dual task training on dexterity and function in people with parkinson's disease (pwp) using 9-hole peg test (9hpt	International Journal of Recent Scientific Research	Volume- 9, Issue-4(H), April-2018

## LIST OF RESEARCH PROJECTS SUBMITTED FOR ETHICAL APPROVAL – FACULTY

Sr. No.	Name of Faculty	Guide	Title
1	Dr. G Palani Kumar	Prof. Lata D Parmar	Immediate effect of electro acupuncture in non-specific low back pain in community

## LIST OF ONGOING RESEARCH PROJECTS – FACULTY

Sr. No.	Name of Staff	Co-Investigator(s)	Title
1.	Dr. Neha Mukkamala	Prof. Dr. Lata Parmar	Physiotherapy students' preference on chalk and board v/s PowerPoint presentations

## LIST OF ONGOING PHD

Sr. No.	Principal Investigator & Department	Year of Joining	Guide Name	Title
1	Dr. Neha Mukkamala, (Physiotherapy)	2012	Dr. J. D. Lakhani	To study the profile as well as prevalence of musculoskeletal problems in patients with diabetes mellitus
2	Dr. Niketa Patel, (Physiotherapy)	2012	Dr. P. Golwala	Effect of restoration of normal hip anatomy on abductor lever arm and muscle strength after different hip surgeries
3	Dr. G. P. Kumar, (Physiotherapy)	2015	Prof Dr. Lata Parmar,	Development and Validation of a new falls efficacy scale with relevance to India
4	Dr. Kalpesh Satani, (Physiotherapy)	2016	Dr. Lata Parmar,	Effects of continuous monitoring of rehabilitation program on physiological outcomes, functional status, and health related quality of life in patients with coronary artery bypass graft



5	Dr. Noel Macwan, (Physiotherapy)	2016	Prof Dr. Lata Parmar,	Correlation of physical activity and musculoskeletal pain in elderly in the rural areas, and the effect of home-based physiotherapy - A randomized control trial
6	Dr. Virendra Shandilya, (Prosthetic Orthotics)	2016	Prof Dr. Lata Parmar,	Functional Viability of an Indigenously Developed Economical Endo-skeletal Prosthetic Knee Joint for Transfemoral Amputees – Comparative Study
7	Dr. Prajakta Patil, (Physiotherapy)	2016	Prof Dr. Lata Parmar	Efficacy of Bubble PEP on Breathlessness, Cough, Sputum Scale & Functional Capacity in hospitalized COPD patients – A Randomized Control Trial

**LIST OF RESEARCH PROJECTS SUBMITTED FOR ETHICAL APPROVAL – PG STUDENTS.**

Sr. No.	Name of Student & Department	Guide	Title
1.	Ananya Mehta	Dr. Neha Mukkamala	Strength and functional deficits following total hip replacement in individuals with avascular necrosis of femoral head
2.	Axita Vyas	Dr. Neha Mukkamala	To see the effectiveness of home-based exercise program in patients with hip arthroplasty
3.	Hunita Dhanju	Dr. G..P. Kumar	Lower limb flexibility, muscles strength and its association with multi-directional reach test in elderly subjects
4.	Mayuri Saxena	Dr. G..P. Kumar	Lower limb flexibility, muscles strength and power and its association with agility in non-specific recreational sport players
5.	Nidhi Patel	Dr. Kalpesh Satani	Measurement of lumbar lordosis angle using flexible ruler in college going students with or without non-specific low back pain
6.	Samira Patel	Dr. Nalina Gupta	Physical activity of community dwelling elderly population-A survey

### LIST OF ONGOING RESEARCH PROJECTS - STUDENT-PG

Sr. No.	Name of Student	Guide	Title
1.	Anishma Chungath	Prof. Dr. Lata Parmar	To establish norms of unipedal stance with eyes open in healthy adults.
2.	Ashu Sharma	Dr. Neha Mukkamala	To establish normative values for grip strength amongst elderly
3.	Nandini Kushwaha	Dr. Kalpesh Satani	A study of chest expansion measurement in healthy adults with two different instructions
*Recruitment ongoing, data analysis ongoing, study report prepared/paper prepared, paper presented sent for publication.			

### LIST OF ONGOING INTERN PROJECTS (ASSIGNED IN GROUPS)

Sr. No.	Group	Intern's name	Guide	Title of project
1	A	Hetvi Acharya, Dimpy Bothra	Dr. Deepak Kumar (PT)	To see the changes following physiotherapy in cases with plantar fasciitis
2	B	Priyanka Chander, Kanan Chauhan	Dr. Jay Soni (PT)	To see the changes in range of motion following stretching exercises in young adults
3	C	Dhankecha Heli, Dushyant Dave	Dr. Dhvani Chanpura (PT)	To see the changes following physiotherapy in post upper abdominal surgery cases
4	D	Drashti Jani, Karishma Kolia	Dr. Niketa Patel (PT)	To see the changes following physiotherapy in cases of low back pain radiating to lower limbs
5	E	Misha Mahida, Divya Pancholi	Dr. Kalpesh Satani (PT)	To see the changes following physiotherapy in patients with neck pain with radiation
6	F	Palak Pandya, Ankita Patel	Dr. G Palani Kumar (PT)	To see the changes of physiotherapy treatment for neck pain
7	G	Drashti J Patel, Renu Patel	Dr. Maitri Shukla (PT)	To see the changes following physiotherapy management in patients with lower segment caesarean section

8	H	Shivani K Patel, Megha Rana	Dr. Purvi Patel (PT)	To see the changes following physiotherapy in patients with hip arthroplasty
9	I	Pankti Raval, Krishna Shah G	Dr. Megha Mehta (PT)	To see the changes following physiotherapy in patients with localized low back pain
10	J	Meshwa Shah, Heena Yadav	Dr. Nalina Gupta (PT)	To see the changes following physiotherapy in patients with spinal cord injury
11	K	Gangwani Payal, Rana Vaishnavy	Dr. Parth Devmurari (PT)	To see the changes following physiotherapy in patients with frozen shoulder
12	L	Raval Niyati, Parekh Monali	Dr. Noel Macwan (PT)	To see the changes following physiotherapy in patients with osteoarthritis of knee

#### CONFERENCE/WORKSHOP/CME/SEMINARS/SYMPOSIA – ATTENDED

Sr. No.	Name(s)	Workshop / Conference Title	Organized by	Date/s
1	Prof. Dr. Lata Parmar Dr.G.P.Kumar Dr. Kalpesh Satani Dr.Nalina Gupta Dr.Niketa Patel Dr.Jay Soni	Curriculum Development & Design	Internal Quality Assurance cell, SVDU	7 <sup>th</sup> April, 2018
2	Dr. Kalpesh Satani Dr. Parth Devmurari	CME on Mechanical Ventilation	Department of Anesthesiology, SBKS MI &RC.	25 <sup>th</sup> Feb 2018
3	Prof. Dr. Lata Parmar	International conference: 10 <sup>th</sup> World Congress for Neuro Rehabilitation	World Federation of Neuro Rehabilitation (WFNR) & Indian Federation of Neuro Rehabilitation (IFNR)	7 <sup>th</sup> - 10 <sup>th</sup> Feb, 2018
4	Prof. Dr. Lata Parmar	Workshop on Vestibular rehabilitation	10 <sup>th</sup> World Congress	

		Workshop on Speech and swallowing dysphagia rehabilitation	for Neuro Rehabilitation	7 <sup>th</sup> - 10 <sup>th</sup> Feb, 2018
		Workshop on Autonomic rehabilitation		
5	Prof. Dr. Lata Parmar	CME: Sports Injuries- Evidence Based Physiotherapy	College of physiotherapy, Sv	19 <sup>th</sup> Jan 2018
	Dr.G.P.Kumar			
	Dr.Kalpesh Satani			
	Dr.Nalina Gupta			
	Dr.Neha Mukkamala			
	Dr.Megha Mehta			
	Dr.Niketa Patel			
	Dr.Noel Macwan			
	Dr.Purvi patel			
	Dr.Dhwani Chanpura			
	Dr.Parth Devmurari			
	Dr.Maitri Shukla			
	Dr.Deepak Kumar			
	Dr.Jay Soni			
6	Prof. Dr. Lata Parmar	Taping Techniques-Hands on training	College of physiotherapy, Sv	19 <sup>th</sup> Jan 2018
	Dr.G.P.Kumar			
	Dr.Kalpesh Satani			
	Dr.Nalina Gupta			
	Dr.Neha Mukkamala			
	Dr.Megha Mehta			

	Dr.Niketa Patel			
	Dr.Noel Macwan			
	Dr.Purvi Patel			
	Dr.Dhwani Chanpura			
	Dr.Parth Devmurari			
	Dr.Deepak Kumar			
	Dr.Maitri Shukla			
	Dr.Jay Soni			

### **PAPER / POSTER PRESENTED**

<b>S.N.</b>	<b>Name of Faculty</b>	<b>Co Author</b>	<b>Title</b>	<b>Date</b>	<b>Detail of conference/ workshop</b>
1	Dr. Pooja Patel	Prof. Dr. Lata Parmar, Dr.G.P.Kumar	Effect of intensive physiotherapy in traumatic brain injury patients.	9 <sup>th</sup> Feb, 2018	10 <sup>th</sup> world congress for neurorehabilitation

### **HONORS / AWARDS / RECOGNITION RECEIVED BY FACULTY**

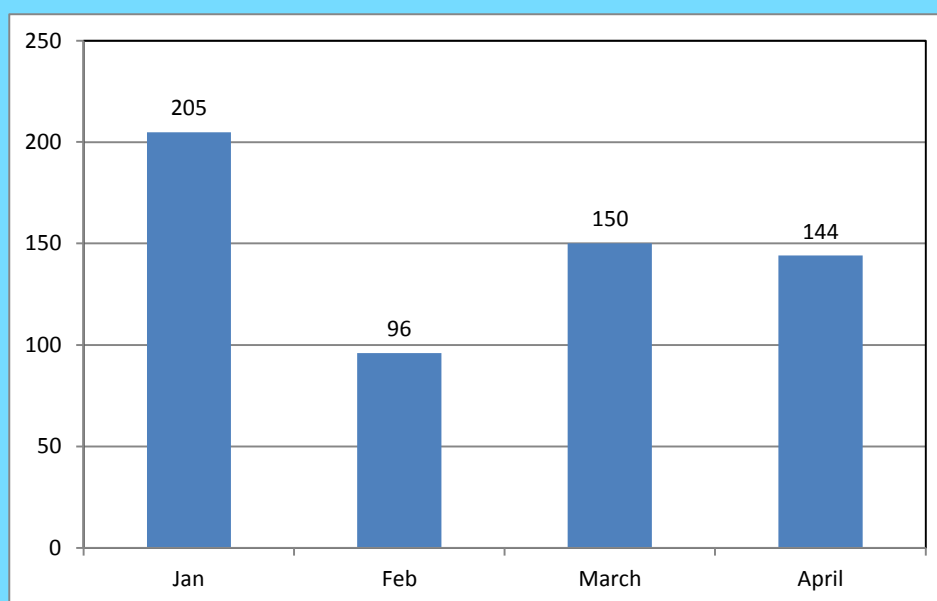
<b>S.N.</b>	<b>Name of faculty</b>	<b>Details</b>	<b>Name of awarding body/ agency</b>	<b>Date</b>
1.	Prof. Dr. Lata Parmar	Member of Board of studies	Krishna Institute of medical Science, Karad	17 <sup>th</sup> Jan 2018
2	Prof. Dr. Lata Parmar	Invitation to join the doctoral monitoring committee as subject expert for evaluation of progress report of PhD scholars	R. K. University, Rajkot	29 <sup>th</sup> Jan 2018
3	Prof. Dr. Lata Parmar	“Associate Editorial Board Member”	Medical Journal of clinical trials and case	2 <sup>nd</sup> Feb 2018



			studies (MJCCS)	
4	Dr. Niketa Patel	External Examiner- of BPT Semester-3 in Foundation of exercise therapy and Therapeutic massage	Shri Govind Guru University	22 <sup>nd</sup> and 23 <sup>rd</sup> March 2018

# V. COMMUNITY EXTENSION

College of Physiotherapy is providing service at community in various places like Bahadarpur, Waghodia and Friend society at Baroda. Our Faculties and Students visit at Friend Society every Sunday and at Primary Health Center, Waghodia every Saturday and total numbers of patients were 65 and 32 respectively during January to April 2018. Number of patients treated at Bahadarpur center as below.



## No. of patient in Bahadarpur (January to April 2018)

Total No. of Patients (January-April 2017)	
Friend Society, Vadodara	65
Primary Health Center, Waghodia	32

# VI. EVENTS

## **(A) College Organized Events**

Followings are the events which were organized by college of Physiotherapy.

### **(i) Career counseling (scope after BPT) Interns (2017-18)**

During the intern farewell, Career & Competitive Examination Forum (CCEF) unit of College of Physiotherapy regularly arranges for career counseling talks every year. This time the topic was 'Scope after BPT'. the interns of 2017-18 i.e. the ones who completed between August 2017- February 2018 and other who started in February 2018 (odd batch). The objective was to make them aware about different opportunities available after completion of BPT & to sensitize them about Entrepreneurship. It was organized on 9<sup>th</sup> February 2018 at 4 pm at COP, SVDU Auditorium and total 79 interns attended the same.

CCEF Coordinator, COP, Dr Megha Mehta, delivered the talk. In brief, she discussed various career options available for physiotherapy undergraduate. She also sensitized them about Entrepreneurship. During her talk, following points were emphasized;

- Developing soft skills required for becoming good clinician
- How to decide for the field of practice
- Attributes to become successful entrepreneur
- Practicing for some time before enrolling in post graduate programs
- Various courses available for further study within as well outside country



The session was inspiring for all the interns and they all discussed the queries they had which were satisfied by the speaker.

## **(ii) Farewell to Interns 2017-18**

The farewell program of interns (2017-18), College of physiotherapy, SVDU was conducted on 10<sup>th</sup> February 2018 between 9 am - 1 pm at Auditorium, COP, SVDU.

The function was organized by current final year BPT students, COP, SVDU. Respected I/c Principal, COP, SVDU, Professor G. P. Kumar, Associate Professor Dr Nalina Gupta, Intern coordinator; Dr Kalpesh Satani, Associate Professor, faculties of COP, SVDU, interns (2017-18) and final year BPT students attended the same. After warm welcome, the function commenced with inspiring words by I/c Principal who congratulated every intern and shared words of wisdom about how to succeed in professional life. Afterwards Dr Kalpesh Satani, Associate Professor, congratulated interns and gave his best wishes. Next few of interns came on dais and shared their experience of past four and half years. All the interns received memento from I/c principal & faculties present. The program was concluded with games and lunch arranged by final year BPT students.



### **(iii) Entrepreneurship – As career for Physiotherapists’ for Interns (2017-18)**

There was a talk organized on “Entrepreneurship - As career for Physiotherapists” on 16<sup>th</sup> February 2018, Friday at Auditorium, COP, SVDU by CCEF, SVDU from 2-3 pm. Dr Niraj Pandit, Deputy director of research cell, SVDU and Dr Pinkal Shah, CCEF coordinator, SVDU took this session for 31 Interns (2017-18) who were interested in becoming an “Entrepreneur”. Dr Niraj Pandit discussed about idea of entrepreneurship and benefits associated with it. He also emphasized how physiotherapist have vast area of opportunities in tertiary health care sector. On the other hand, Dr Pinkal Shah spoke about various opportunities physiotherapist are having in wellness sector entrepreneurship. He also talked about CED activities and upcoming workshop of the same in Sumandeep Vidyapeeth. He made them aware about the tentative schedule, outline of workshop and benefits of workshop certificate in obtaining financial help from government. At the end of the talk, the participants were informed to submit interested candidate’s names along with their contact number to Dr Megha Mehta, CCEF coordinator, COP, SVDU by 19<sup>th</sup> February 2018.



The CCEF unit of the Sumandeep Vidyapeeth organized a talk on “Entrepreneurship - As career for Physiotherapists” on 16<sup>th</sup> February 2018, Friday at Auditorium, COP.

Resource persons were:

Dr Pinkal Shah, CCEF coordinator, SV

Deputy Director of research cell, SV

The talk mainly was to orient the students to “Entrepreneurship”, and also create a awareness on vast opportunities in wellness & tertiary health care sector. 31 interns (list attached) attended the session. There was information also on CED activities and upcoming workshop



of the same in Sumandeep Vidyapeeth. The tentative schedule, outline of workshop and benefits of workshop certificate in obtaining financial help from government was also a part of this.

## **(iv) International Women's Day 2018**

International women's day 2018 was observed on 8th March, 2018 in the form of 'CARTOONIST'S LENS' (poster making competition) based on this year (2018) theme "Time is Now: Rural and urban activists transforming women's lives". Notice regarding the competition and its rules was displayed on the Student notice board.

Total 71 students participated in the competition either in pair or single. Venue for the competition was College department library, from 9-12 pm. All the posters were displayed from 12-1 pm.

Dr. Manish Jaiswal (Chief Research officer) and Dr. Niketa Patel (Assistant Professor, College of Physiotherapy) were the judges.

Following are the names of the winners were displayed on the notice board in the form of notice.

- 1<sup>st</sup> prize: Ajitesh Sarkar and Shruti Patel (3<sup>rd</sup> year BPT)
- 2<sup>nd</sup> prize: Hunita Dhanju and Mayuri Saxena (1<sup>st</sup> year MPT)
- 3<sup>rd</sup> prize: Aneri Soni and Aakash Sadnani (3<sup>rd</sup> year & Final year BPT),
- Kush Acharaya and Bhavisha Thakkar (2<sup>nd</sup> year BPT)



## **(v) First Annual Sports Meet-2018**

College of Physiotherapy, Sumandeep Vidyapeeth Deemed University hosted its 1<sup>st</sup> Annual Sports Meet on 12<sup>th</sup>& 13<sup>th</sup> April 2018. The day started off on lush green campus, with the lovely rendition by the students to pay salutations to the lord almighty. This was followed by student council passing the torch from one hand to another in a very traditional and bona fide way. The torch passed in the hands of all the council members and was finally given by the President to beloved principal Prof. Dr. Lata Parmar who with honor took it and placed it at the designated place. She gave a captivating speech then at the end of which the flag of the college was waved off by Dr. Kalpesh Satani, sports in-charge of the college, as a sign to official declare the sports meet open. He then addressed the students on importance of sports in our life and how physiotherapy students can utilize this for betterment of the society.

Zumba was the 1<sup>st</sup> event of the sports day. This was a group activity where all the students (>300) participated enthusiastically on musical notes for half an hour 'warm up Zumba session'. After this the sports events were begun concurrently.

10.00 am Volleyball took place in the volley ball court in the sports complex, students played very well and of which winner group was boys team Jaykishan and group and Girls Hetvi Shah and group.

100m and 200m dash which took place in the sports complex and of which winners were 100m race girls ArifaRokad and boys Shiv Patel while 200m girls winner was Arifa Rokad and boys Vistasp Batiwalla.

Shot put was arranged for the aspirants who were good at the same. The winners were Vishwajeet Rathod from final year and Arvi Desai from 1<sup>st</sup> year.

Around 12.00 pm, refreshing lemonade was arranged at the college premises where students could enjoy the 1 min balloon games and the drink which would charge them for the events coming further. Faculties of the college along with the principal incredibly played well in the 1 min games.

3.00 pm badminton doubles were played in Charaka Hostel of which Prashaant Punjabi and Ruchit Malvi were the winners.

Last game of the first day was Dodge ball which was played in the sports complex of which winner was the 'Hercules team'.

**The second day of Annual Sports Meet** also started with a greater amount of energy and enthusiasm. Students gathered in the Cricket ground at 9:00 am for ‘Zumba’ session. Students danced to the rhythm on the catchy beats of Zumba. After that, ‘Backward race and skipping race’ were conducted. The ones who made it to the end without topples and tumbles were Karan Patel from 3rd year and Kinjal Patel from 2<sup>nd</sup> year in Backward Race and Bhavisha Thakkar from 2nd year in Skipping Race.

Around 10 am, students were taken to Bhardwaj and Charaka hostel for the most awaited game of the day – Cricket. Fours and sixes were applauded and enjoyed by students. The winning team consisted of Krishna S. Patel, Aliasgar Tinwala, Jaymala Patel, Jahnvi Patel, Khyati Pillai, Samiksha Ranka and Vrutika Surani.

From 2 pm-4 pm Kabaddi was played amidst loud cheering in the football ground. Winners were team of Jay Patel (boys) and team Pranjali Jain (girls).

### PHOTO GALLERY





## **(B) University Organized Events**

### **(i) 6<sup>th</sup> Annual Convocation**

6<sup>th</sup> Annual Convocation was organized on 20<sup>th</sup> April, 2018 by Sumandeep Vidyapeeth University and Our Physiotherapy Postgraduate Student Dr. Rutika Sureja was awarded with Degree and Gold medal.



## VII. Miscellaneous

College of Physiotherapy family is also celebrating the Birthdays of faculty. In month of January to April we celebrated birthday of Principal madam-Dr. Lata Parmar, Dr. G. P. Kumar, Dr. Noel Macwan, wedding party of Dr. Deepak Kumar & Joining party of Dr. Sakina Vahora.





## **College of Physiotherapy**

### **Sumandeep Vidyapeeth**

At & P.O. Pipariya, Taluk – Waghodia, Pin – 391760

District – Vadodara, Gujarat State, India

Telephone: +91 2668 245029

Email: [principal.physiotherapy@sumandeepvidyapeethdu.edu.in](mailto:principal.physiotherapy@sumandeepvidyapeethdu.edu.in)