



# RENAISSANCE

## NEWS LETTER OF COLLEGE OF PHYSIOTHERAPY



**Volume 8 Issue 3 & 4  
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**College of Physiotherapy  
Sumandeep Vidyapeeth**

**(An Institution Deemed to be University u/s 3 OF UGC ACT OF 1956)**

**NAAC Accredited Grade – A with CGPA 3.53/4**

**Conferred with UGC-CATEGORY-1 Status**

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# MISSION AND VISION

## MISSION

The mission is to educate competent autonomous Physiotherapists who, by their commitment to advance the health and quality of life for all, are leaders regionally, nationally and internationally. The faculty is dedicated to creating a collaborative environment demonstrating excellence in teaching and learning, research and creative activity and service to the community and profession.

## VISION

College of Physiotherapy, SUMANDEEP VIDYAPEETH, will excel as recognized leader nationally and internationally in education, research, and civic engagement.

# EDITORIAL BOARD

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Assistant Professor, COP, SV

**Dr. Megha Mehta PT**

Assistant Professor, COP, SV

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# I. FAMILY PHOTO



## Welcome New Faculty



Dr. Megha Jayswal  
MPT (Rehabilitation)  
Assistant Professor



Dr. Hardik Suthar  
MPT (Paediatric)  
Assistant Professor



Dr. Yogini Patel  
Clinical Therapist B.P.T.-  
College of Physiotherapy,  
Sumandeep Vidyapeeth.

## II. Academic Activities

### (A) Internship Induction Report

Internship induction program was conducted on 19<sup>th</sup> August 2019 for the students who had successfully passed the university examination held in July 2019. The internship program was started within 15 days of declaration of result as stipulated by Physiotherapy undergraduate curriculum of Sumandeep Vidyapeeth. Information regarding the commencement of internship program was displayed on the college notice board on 7<sup>th</sup> August 2019 and a copy was sent to the Registrar, Sumandeep Vidyapeeth University on the same day.

Prior to the induction program, sessions on Bioethics were conducted by Dr. Kalpesh, Dr. Megha and Dr. Niketa. All the interns were given clinical scenarios based on bioethics. They were asked to deliberate on it. The induction program started at 11:30am. Dr. (Prof.) Lata Parmar, Principal, College of Physiotherapy; Dr. G Palani Kumar, Professor, College of Physiotherapy; Dr. Kalpesh Satani (UG and EBES coordinator); and Dr. Nalina Gupta (Internship coordinator & HRRP coordinator) were present. Eighty-nine students were present, out of ninety students.

Dr. (Prof.) Lata Parmar welcomed all the interns and congratulated all of them. She emphasized on the significance of internship period in clinical practice. This is the time when interns could apply what they have learnt in all the four years of their under-graduation. They could improvise on their clinical decision making under supervision. Dr. Kumar and Dr. Kalpesh Satani welcomed all the interns and congratulated all of them and emphasized on evidence-based education system and practice which is very important in today's era.

Dr. Nalina explained all the interns regarding various rules and regulations from 2:00pm to 2:30pm. Thirty-three interns were grouped in thirteen batches. Internship period is of 26

weeks. Each batch will have their posting in 13 wards/ OPD for two weeks each. During 26 weeks tenure, they are allowed to take only 6 casual leaves. They cannot take more than two days in any of the postings. Days more than two days in any of the postings will be contributed towards extension of the same posting. If they take leaves one day prior as well as one day after a holiday, then holiday will also be considered as a leave. Taking a leave is not their right. Leave application has to be duly signed by the ward in charge and forwarded to the principal through Internship coordinator. They can take their leave only when it is sanctioned. During this period, they will also have evidence-based seminars and evidence-based research projects. Topics for the research projects will be selected under the guidance of a guide and it will be a case-series. Guides for the research projects and HRRP clearance will be done within one month of the commencement of the internship. Research project must be submitted one month before the completion of the internship duly signed by their guides.

All the students were asked to write joining report, fill interns detail form and submit it to the Internship coordinator. They were also given a copy of logbook to be photocopied and asked to maintain their log book on a regular basis. Students were asked if they have any queries. The induction program ended at 12:15pm. And students were asked to proceed to their respective postings.

**Photo Gallery:**





## **(B) P G Induction Report**

College of Physiotherapy organized an induction and orientation program for the students who got admitted into the Post graduate course (MPT) in Physiotherapy on Tuesday, 20th August 2019. This year 21 students (7 guides, 1:3 Guide student ratio) got admitted into the course. Orientation program was held at the PG class room of Physiotherapy College. The program commenced on 10.00 am. Principal Prof. Dr Lata Parmar, PG Coordinator Prof. Dr G P Kumar, Associate Professor & EBES Coordinator Dr Kalpesh Satani, Associate Professor & HRRP Coordinator Dr Nalina Gupta, Assistant Professor & Clinical In charge Dr Neha Mukkamala, Assistant Professor & CCEF Coordinator Dr Megha Mehta and Assistant professor and PG teacher Dr Niketa Patel were present. The present First year PG were also present during the induction program. At the outset PG coordinator Dr Kumar welcomed all and requested fresh student to introduce themselves. PG students introduced themselves and each one of them informed their preferred choice of electives and the reason for selecting the electives. Principal Prof. Dr Lata Parmar welcomed all the fresh PG students and told them that it's a full time course and requires undivided attention to complete the course. She also spoke about the importance of PG program and how the PG program can help to shape them to be a better professional. Dr Kalpesh welcomed the students and informed about the EBES activities that will take place in college and its importance in imparting education. Dr Nalina spoke about HRRP and the likelihood activities that are associated in PG education. Dr Neha informed about the clinical duties a PG student is expected to perform and also about the EBES. Dr. Megha Mehta informed that CCEF unit will help them in planning their future career prospects. Dr Niketa Patel also welcomed the students and wished them good luck. PG Coordinator Dr Kumar welcomed the students and gave an introduction about the MPT course in College of Physiotherapy. One student from the present first year MPT (Shruti) welcomed the students and shared her experiences as a PG student in College of Physiotherapy. All the PG teachers again welcomed the students and wished good luck with

which the formal induction program got over. After tea break, students met again at the PG class rooms. Dr Kumar informed them about the rules and regulations of MPT course, eligibility criteria, duties of PG student and the expected behaviour of PG student. Then the students were asked to submit the joining letter along with the copies of admission letter, fee receipts and educational qualifications. They were also asked to fill and sign the anti-ragging declaration form and personal details form. The students were handed over the soft copies of MPT syllabus and log book and also physical copies of ID card application form. Post lunch PG students were introduced to all the faculty of Physiotherapy including faculty involved in UG teaching, Tutor cum Clinical therapists and Non-teaching staff. Then the students were taken to a guided tour to the University Learning Resource Center (Central library), Physiotherapy OPD and Dhiraj Hospital, SBKS Medical College and oriented about important places in Sumandeep campus. A full-fledged orientation program on EBES, MET and basic skill training is planned spanning a period of three months. Students will also be posted in clinics in the forenoon session, each student in every unit for one month in rotation.

### **Photo Gallery:**



## **(C) Orientation Program for First Year BPT** **2019-20**

College of Physiotherapy, Sumandeep Vidyapeeth, had organized orientation program for First year BPT students 2019-20 on 5<sup>th</sup> and 6<sup>th</sup> September 2019 at Auditorium, SBKS MI&RC, SV.

Almost all the fresh students and their parents reached the college around 9 am. They all joined the morning assembly for prayer and university song. Following this, all the F.Y.BPT students along with their parents were made to sit in first year BPT gallery classroom. Class coordinator Dr. Niketa Patel welcomed the students and briefed about the academic interactions of the class coordinator with the students and distributed handbooks, personal detail forms, declaration forms, academic calendars, and time-tables. By 10:30 am filled declaration forms and personal detail forms were collected back from students. Refreshments were arranged at the college premises for the parents and students at 10:30 am.

By 10:45am all the students along with their parents were seated in the Auditorium, SBKS MI&RC, SV, where dignitaries reached by 11:00 am. Honorable Chancellor Sir; Medical Dean, HOD Physiology and Chief Librarian had attended the program. The program started with prayer. After prayer, honorable Vice Chancellor, SV Dr R. P. Bharaney sir welcomed 1<sup>st</sup> year BPT students and addressed the gathering. Next, Medical Dean SBKSMI&RC Dr. G. V. Shah was requested to give his speech and thoughts for the new comers. Following which Dr. Lata Parmar, Principal, COP, SV addressed the audience and welcomed the students to Sumandeep Parivar. She explained them about significance of the physiotherapy profession and oriented about the institution. Next HOD, Physiology dept, SBKSMI&RC welcomed all the students, gave a motivating speech, inspired all on hard working and oriented the students regarding Physiology. Chief Librarian (LRC) talked about the importance of library and assistance provided by the library.

Following which U.G. coordinator of Dr. Kalpesh Satani, welcomed the students and oriented them about rules and regulations of the institution. In the end, Dr. Niketa Patel briefed about the activities to be held in afternoon and of Day 2 orientation program followed by vote of thanks. The program was concluded with university song. In the afternoon session, Parents Teachers' meeting was scheduled at 2pm in the First year BPT gallery classroom where Dr. Megha Mehta, Vice President along with Dr. Niketa Patel, Member secretary of PTA read the UGC guidelines for the Parent Teacher Association (PTA). All the parents were informed about the Parent Teacher Association and its functioning. Parents were asked to nominate for President and Executive member post in the PTA.

On 6<sup>th</sup> September 2019 (Day 2 orientation), after completion of morning prayer, introduction to internal teaching and administrative staffs of College of Physiotherapy, SV was arranged in the First year BPT class room. Following this, from 10am to 11:30am students were divided into 02 batches for LRC orientation which was conducted by Dr. Dhvani along with the LRC staffs. Around 11:30pm, Mr. Yash Patel along with Pradip Patel demonstrated fire and safety measures. Mockdrill to use the fire extinguisher cylinders were also conducted. In afternoon around 2pm all the teaching faculties and administrative staffs of College of Physiotherapy, SV gathered in the First year BPT Gallery class room and introduced themselves. Following this U.G. coordinator, Dr. Kalpesh Satani briefed the students on Evidence Based Physiotherapy practice the role of EBES in the profession. Dr. Nalina Gupta introduced the welfare schemes available for the students. Dr. Megha Mehta, Student Co-ordinator and Mentorship in- charge, COP, SV explained the students on mentorship program and its importance.

Following this, students were oriented to Anatomy, Physiology and Biochemistry department at SBKSMI&RC and Physiotherapy OPD, DGH by Dr. Niketa, First year BPT class coordinator

## Photo Gallery:



## **(D) PG Activities**

PG Students of college of physiotherapy are undergoing various clinical and academic activities throughout their two years of curriculum. PG activities include seminar presentation (Evidence based), Case presentations, Journal Club, Clinical Skills. The details given below are for the period of May to December 2019.

Seminar	55
Case Presentation	37
Journal Club	09
Clinical Skills	21

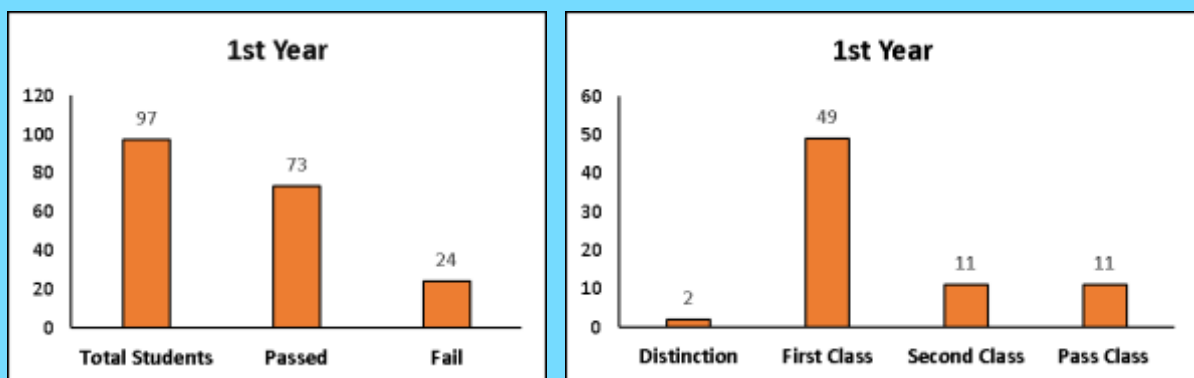
During this period, Post Graduate students attended seminar on (1) Anti-Doping, Physical education, Sports injuries and orthopedic treatment in sports, (2) An orientation program on UPSC and GPSC

EXAM, (3) National Conference on Physiotherapy and Rehabilitation- Evidences leading to new Horizons, (4) Evidence based health care- Taking health to Next level, (5) Cancer Rehabilitation- Prevention to Palliation. Apart from above activities, 1st Year PG students had continued their dissertation & appeared for College exam in August 2019. 2nd Year PG students appeared for their university exam in July - August 2019. Apart from their regular hospital postings, PG students are having regular Community posting at Waghodia PHC (Weekly once – on Saturday) and at NGO – Friends Society (weekly once – on Sunday) Fatehgunj, Vadodara. They also have participated in camps organized by Dhiraj General Hospital at various places like Jambughoda, Jambusar, Kalol, Anand Dist-Vadodara; Alirajpur, Dhar, Ratlam, Jhabua Dist -Madhya Pradesh.

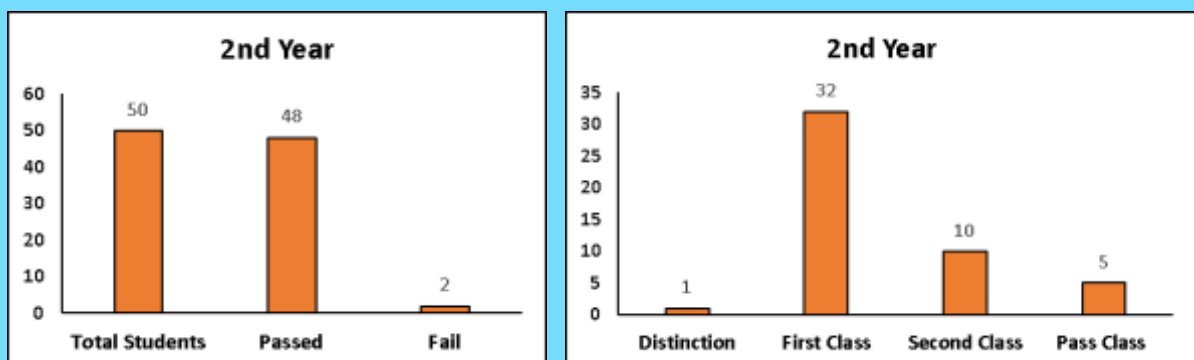
## **(E) University Examination Result**

University examination for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and final year was held in June, 2019. Result of the same was announced in August 2019. Graphical presentation of result is as below.

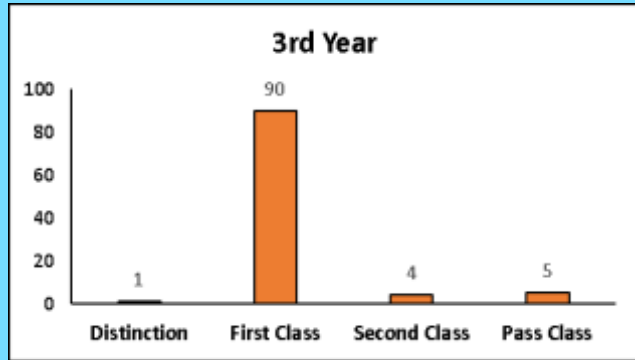
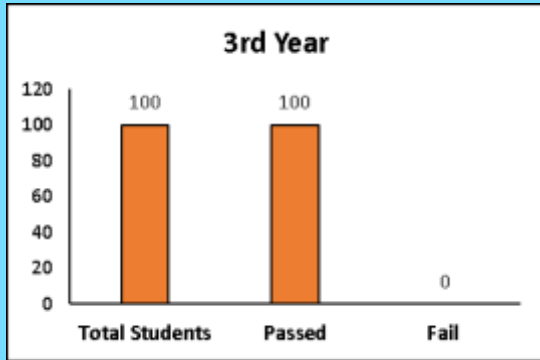
### **First Year University Exam Result Analysis**



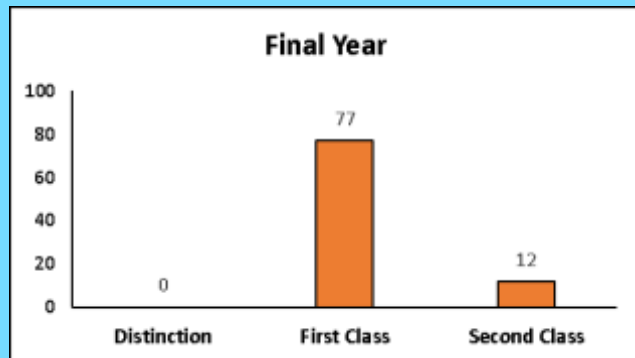
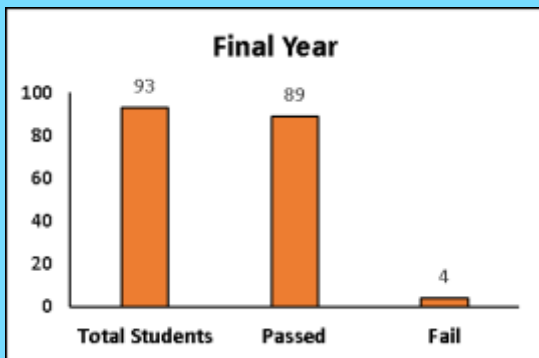
### **Second Year University Exam Result Analysis**



### Third Year University Exam Result Analysis



### Final Year University Exam Result Analysis



## (F) Webinar

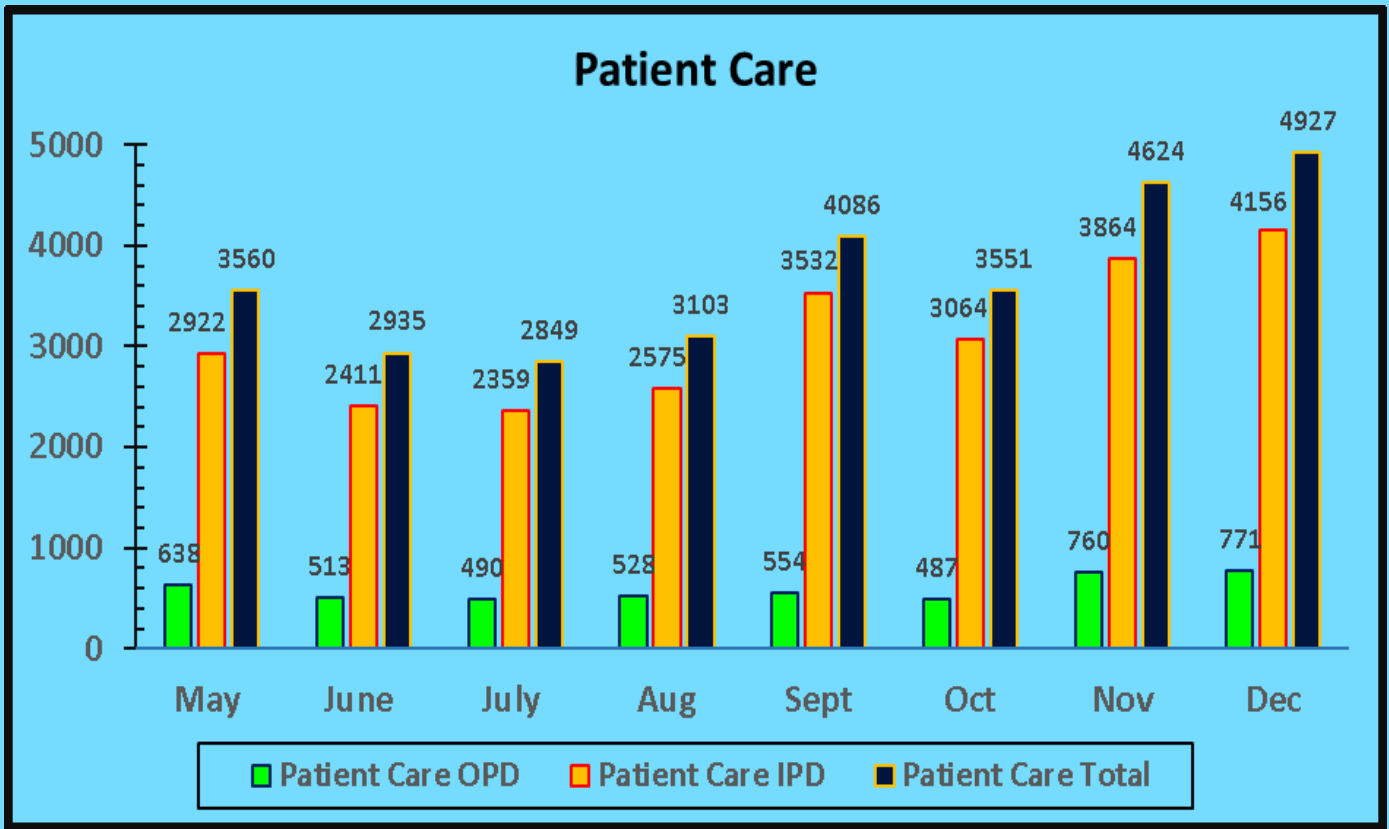
College of Physiotherapy organizes webinars regularly with Dr. Veerendra Shandilya – Rehabs Private Limited. He gives expert advices related to clinical application of orthotics and prosthetics to Final year students.

During this period total two webinars were conducted; each session was conducted for 1 hour.

Details are as below.

Sr. No.	Date	Topic	Demonstration
1	25 <sup>th</sup> Sep 2019	Left Above knee Amputation	Endo-skeletal prosthesis, Donning and Doffing, Gait training in parallel bar.
2	6 <sup>th</sup> Nov 2019	Right Index Mallet finger	Splinting for mallet finger with explanation of 3-point pressure system

# III. Patient Care



Census of Physiotherapy OPD, Dhiraj Hospital for the Months of May to Dec 2019



# IV. RESEARCH ACTIVITY

## PAPER PUBLISHED

Sr. No	Author /s	Title	Name of Journal	Volume & Issue, Month & Year
1	Ananya Mehta (PG Student-COP, SV) Neha Mukkamala (Assistant Professor-COP, SV) Niketa Patel (Assistant Professor – COP, SV) Lata Shroff Parmar (Professor and Principal - COP, SV) Paresh Golwala (Professor and Head Department of Orthopaedics, SBKSMI&RC, SV)	Strength and Functional Deficits Following Total Hip Replacement in Individuals with Avascular Necrosis of Femoral Head	Indian Journal of Physiotherapy and Occupational therapy	Vol. 13, Issue 4; Oct – Dec 2019
2	Neha Mukkamala (Assistant Professor-COP, SV)	Comparison of hand grip strength in diabetes and non-diabetes - An observational study	Medical Journal of clinical trials & case studies	Vol. 3, Issue 3; May 2019

## Conference Proceedings

Sr. No	Author	Title	Name of Journal	Volume & Issue, Month & Year
1	Hunita Dhanju (PG Student- COP, SV), G Palani Kumar (Professor COP, SV)	Lower Limb Flexibility, Muscle Strength and its Association with Multidirectional Reach Test in Elderly Subjects	National Journal of Integrated Research in Medicine	Vol.10, Issue 4.1; July Aug 2019
2	Krina Ved (Assistant Professor-COP, SV)	A Study to Find Out Relation Between the House Brackmann Facial Nerve Grading Global Score with Electrophysiological Parameters (Latency and		

		Amplitude of Compound Motor Action Potential) of Facial Nerve in Patients with Bell's Palsy – A Co-Relational Study		
5	Nidhi Patel (PG Student-COP, SV), Kalpesh Satani (Associate Professor, COP, SV)	Measurement of Lumbar Lordosis Angle Using Flexible Ruler in College Going Students with or Without Non-Specific Low Back Pain		
6	Deepali Patil, (PG Student-COP, SV), Niketa Patel (Assistant Professor - COP, SV)	Relationship between Transversus Abdominis Strength and Lumbar Lordosis in Young Adults: A Pilot Study		
7	Lavina Khatri, (PG Student-COP, SV), Niketa Patel (Assistant Professor - COP, SV)	Assessment of Functional End Ranges of Lower Limb Joints in Positions Commonly Used for ADL's in India: A Pilot Study		
8	Pinal Modi, (Assistant Professor - COP, SV), Lata Shroff Parmar (Professor and Principal - COP, SV)	Normative Data of Hand Grip Strength in Various Age Groups of Adult		
9	Anishma Chungath (Assistant Professor - COP, SV), Lata Shroff Parmar (Professor and Principal - COP, SV)	To Establish Norms of 'Unipedal Stance Test' with Eyes Open in Healthy Adults		
10	Samira S. Patel (PG Student-COP, SV), Nalina Gupta (Associate Professor - COP, SV), Lata Shroff Parmar (Professor and Principal - COP, SV)	Physical Activity of Community Dwelling Elderly Population - A Survey		
11	Shruti Talnikar (PG Student-COP, SV), G Palani Kumar (Professor COP, SV)	Effect of mirror feedback on multidirectional reach- A Pilot Study		
12	Dhwani Chanpura, (Assistant Professor - COP, SV), Lata Parmar (Professor and Principal - COP, SV)	Correlation of BMI to Tandem Stance and Unipedal Stance in School Children, Age Group between 6 to 12 Years		

13	Pawan Kumar (PG Student-COP, SV), G Palani Kumar (Professor COP, SV)	Effect of Electrical Stimulation in Spasticity in Spinal Cord Lesion Patients		
14	Pooja Thakur (PG Student-COP, SV), Nalina Gupta (Associate Professor-COP, SV), Lata Parmar (Professor and Principal - COP, SV)	The Knowledge of Mothers Regarding Infants Developmental Milestones in Four Domains Gross Motor, Fine Motor, Language, Personal & Social- A Pilot Study		
15	Mayuri Saxena (PG Student-COP, SV), G Palani Kumar (Professor COP, SV)	Lower Limbs Flexibility, Muscle Strength and Power and their Association with Agility in Non-Specific Recreational Sport Players		
16	Purvi Patel (Assistant Professor - COP, SV), Lata Parmar (Professor and Principal - COP, SV)	Reference Values for Trunk Mobility in Normal Adults		

### LIST OF ONGOING RESEARCH PROJECTS – FACULTY

Sr. No.	Name of Staff	Co-Investigator(s)	Title
1.	Dr. Neha Mukkamala	Prof. Dr. Lata Parmar	Physiotherapy students' preference on chalk and board v/s PowerPoint presentations
2.	Dr. G Palani Kumar	Prof. Lata D Parmar	Immediate effect of electro acupuncture in non-specific low back pain in community

### LIST OF ONGOING PHD

Sr. No.	Principal Investigator & Department	Year of Joining	Guide Name	Title
1	Dr. Neha Mukkamala, (Physiotherapy)	2012	Dr. J. D. Lakhani	To study the profile as well as prevalence of musculoskeletal problems in patients with diabetes mellitus
2	Dr. Niketa Patel, (Physiotherapy)	2012	Dr. P. Golwala	Effect of restoration of normal hip anatomy on abductor lever arm and muscle strength after different hip surgeries
3	Dr. G. P. Kumar,	2015	Prof Dr.	Development and Validation of a new

	(Physiotherapy)		Lata Parmar,	falls efficacy scale with relevance to India
4	Dr. Kalpesh Satani, (Physiotherapy)	2016	Dr. Lata Parmar,	Effects of continuous monitoring of rehabilitation program on physiological outcomes, functional status, and health related quality of life in patients with coronary artery bypass graft
5	Dr. Noel Macwan, (Physiotherapy)	2016	Prof Dr. Lata Parmar,	Correlation of physical activity and musculoskeletal pain in elderly in the rural areas, and the effect of home-based physiotherapy - A randomized control trial
6	Dr. Virendra Shandilya, (Prosthetic Orthotics)	2016	Prof Dr. Lata Parmar,	Functional Viability of an Indigenously Developed Economical Endo-skeletal Prosthetic Knee Joint for Transfemoral Amputees – Comparative Study
7	Dr. Prajakta Patil, (Physiotherapy)	2016	Prof Dr. Lata Parmar	Efficacy of Bubble PEP on Breathlessness, Cough, Sputum Scale & Functional Capacity in hospitalized COPD patients – A Randomized Control Trial
8	Dr. Parag Ranade (Physiotherapy)	2019	Prof Dr. Lata Parmar	Effect of mental imagery on fear of falls and balance in Institutionalized elderly individuals- an open label Randomized Controlled trial

### LIST OF ONGOING - PG PROJECTS

Sr. No.	Name of Student	Guide	Title
1.	Pawan Kumar	Dr. G.P. Kumar	Effect of electrical stimulation in Spasticity in spinal cord lesion patient
2.	Shruti Talnikar	Dr. G.P. Kumar	Effect of mirror feedback on multidirectional reach
3.	Pooja Thakur	Dr. Nalina Gupta	Knowledge of Mother's regarding infant's developmental milestones in four domains (Gross motor, fine motor, language, personal and Social)- A Cross Sectional Study
4.	Ashwini Gite	Dr.Neha Mukkamala	Relationship between body mass index and flexibility in Young adults
5.	Shaily Parekh	Dr.Neha Mukkamala	Relationship between BMI and Physical fitness in College students
6.	Dhwani Naik	Dr.Neha Mukkamala	Relationship of Flat feet with Knee Osteoarthritis in Adults
7.	Deepali Patil	Dr.Niketa Patel	Relationship between Transvers Abdominis strength and Lumbar Lordosis in Young Adults.
8.	Lavina Khatri	Dr.Niketa Patel	Assessment of Functional end ranges of Lower Limb joints in Positions commonly used for ADL's in India

## LIST OF ONGOING INTERN PROJECTS (ASSIGNED IN GROUPS)

Batch	Name of Student	Name of the Guide	Title of Research Project
<b>A</b>	Aayushi B. Patel	Dr. Dhvani Chanpura (PT)	To see the changes in intensity of pain and knee range of motion following physiotherapy in patients with osteoarthritis knee
	Aditi A. Jain		
	Aishwariya K. Patel		
	Aishwarya Pradhan		
	Ajitesh B. Sarkar		
	Akifa.Kazi		
	Alefa J. Raja		
<b>B</b>	Aliasgar S. Tinwala	Dr. Hardik Suthar (PT)	To see the change in pain intensity in the patients with plantar fasciitis following physiotherapy
	Aneri S. Soni		
	Anjali P. Maurya		
	Ashyben A. Shah		
	Asmita A. Palve		
	Astha H. Shah		
	Avina J. Patel		
<b>C</b>	Bhargavi A. Shah	Dr. Pinal Modi	To check the muscle length of hamstring muscle in college students
	Bhoomi V. Gohil		
	Bhumika S. Rao		
	Devraj A. Patel		
	Dhanashree S. M.		
	Dhara P. Patel		
	Dharmesh Luhana		
<b>D</b>	Dharmistha Hirpara	Dr. Megha Jayswal (PT)	To see the changes in pain and range of motion following physiotherapy in patients with shoulder adhesive capsulitis
	Dhruvi K. Shah		
	Dhvani M. Bhatt		
	Dhwani P. Vyas		
	Dhyani D. Trivedi		
	Hardi K. Patel		
	Harshali K. Raval		
<b>E</b>	Harshil Patel	Dr. Krina Ved (PT)	To see the change in pain and range of motion following physiotherapy treatment in patients with post-operative total knee replacement
	Hetaliben K.Patel		
	Hetvi P. Gandhi		
	Hima H. Patel		
	Jainaben M. Patel		
	Janki K. Shah		
	Jaykishan R. Patel		

<b>F</b>	Jharana V. Joshi	Dr. Anishma Chungath (PT)	To see the changes in pain and lumbar range of motion following physiotherapy in patients with low back pain radiating to lower limb
	Jinal M. Patel		
	Kinjal S. Patel		
	Kiran B. Bhagat		
	Krishnaben A. Patel		
	Krunali C. Mahajan		
	Krupa S. Korat		
<b>G</b>	Krushangi A. Patel	Dr. Noel Macwan (PT)	To see the changes in functional capacity in patients with lower segment caesarean section
	Mahi H. Shah		
	Maitri B. Modi		
	Manal R. Patel		
	Mayuri K. Patel		
	Mehvis M. Patel		
	Minesh G. Patel		
<b>H</b>	Mukt B. Patel	Dr. Dinesh S. (PT)	To see the changes following physiotherapy in patients with cervical radiculopathy
	Naveen S. Meka		
	Nazneen M. Shaikh		
	Nidhy R. Panchal		
	Neelkumar B. Jivani		
	Pooja R. Khatri		
	Pooja S. Pawar		
<b>I</b>	Poojaben J. Patel	Dr. Niketa Patel (PT)	To see the changes in strength of hip abductor muscles following physiotherapy in patients with total hip replacement
	Prachiben B. Pandya		
	Priyal J. Mehta		
	Prizam G. Kanani		
	Ridhi H. Soni		
	Rinal P. Chopada		
	Sadiya A. Shaikh		
<b>J</b>	Salonee P. Chokshi	Dr. Jay Soni (PT)	To see the changes following physiotherapy in patients with trapezitis
	Saloni Y. Gandhi		
	Sangeeta J. Sharma		
	Shakshi V. Jatly		
	Sheetal S. Patel		
	Shitika A. Jain		
	Shivani B. Sharma		
<b>K</b>	Shivani K. Bulsara	Dr. Deepak Kumar (PT)	To see the changes in intensity of pain, lumbar range of motion following physiotherapy in patients with non-specific low back pain
	Shivani P. Undaviya		
	Shrusti S. Patel		
	Shruti P. Patel		

	Shrutika Ranpariya		
	Siddhi B. Thakkar		
	Shilpishree D. Dash		
<b>L</b>	Simrah R. Pathan	Dr. Nandini Kushwaha (PT)	To see the changes following physiotherapy in patients with upper abdominal surgery
	Sweta S. Rathod		
	Trusha M. Patel		
	Vallari M. Panday		
	Vedangi S. Patel		
	Viranshi A. Patel		
	Yashika H. Patel		
<b>M</b>	Yashvi P. Mehta	Dr. Parth Devmurari (PT)	To see the changes in pain and chest expansion following physiotherapy in patients with mastectomy
	Zarin A. Khan		
	Zill S. Patel		
	Pooja Patel		
	Devanshi Bulsara		
	Darshit Desai		

### PAPER / POSTER PRESENTED

S.N.	Name of Faculty	Co Author	Title	Date	Detail of conference/workshop
1.	Dr.Pinal Modi, (Assistant Professor - COP, SV)	Lata Parmar (Professor and Principal, COP, SV)	Normative Data of Hand Grip Strength in Various Age Groups of Adult	20 <sup>th</sup> and 21 <sup>st</sup> Sept 2019	National Conference on "Physiotherapy and Rehabilitation: Evidences leading to New Horizons"
2.	Dr.Dhwani C., (Assistant Professor - COP, SV)		Correlation of BMI to Tandem Stance and Unipedal Stance in School Children, Age Group between 6 to 12 Years		
3.	Dr.Purvi Patel (Assistant Professor - COP, SV)		Reference Values for Trunk Mobility in Normal Adults		
4.	Dr.Anishma C, (Assistant Professor - COP, SV)		To Establish Norms of 'Unipedal Stance Test' with Eyes Open in Healthy Adults		
5.	Dr.Krina Ved (Assistant Professor - COP, SV)	-	A Study to Find Out Relation Between the House Brackmann Facial Nerve Grading Global Score with Electrophysiological Parameters (Latency and Amplitude of Compound Motor Action Potential) of Facial Nerve in Patients with Bell's Palsy – A		

			Co-Relational Study		
6.	Dr.Megha Jayswal (Assistant Professor - COP, SV)	-	Correlation of Pain, Kinesiophobia and Physical Activity Level in Subjects with Chronic Low Back Pain		
7.	Dr.Neha M. (Assistant Professor - COP, SV)	-	Physiotherapy Management of adhesive capsulitis in individuals with diabetes mellites- a review	13 <sup>th</sup> and 14 <sup>th</sup> Dec 2019	EBESCON 2019

### **HONORS / AWARDS / RECOGNITION RECEIVED BY FACULTY**

S.N.	Name of faculty	Details	Name of awarding body/ agency	Date
1.	Prof. Dr. Lata Parmar	Physio Ratna Award	IAP Gujarat and IAP Women Cell, Gujarat	5 <sup>th</sup> May 2019
		Subject expert for Ph.D. Scholar	R.K. University	31 <sup>st</sup> Aug 2019
		Reviewed three Articles	Journal of Medical and Allied Sciences	3 <sup>rd</sup> June 2019
		Chaired the scientific session at 5th National conference Research Methodology, Enhancing Innovative and futuristic practice in nursing.	Sumandeep Nursing College	4 <sup>th</sup> and 5 <sup>th</sup> July 2019
		Guest Speaker	13 <sup>th</sup> GUJSTATE CONPHYCS 2019	18 <sup>th</sup> & 19 <sup>th</sup> Oct 2019
		Chair Person	EBESCON 2019	13 <sup>th</sup> and 14 <sup>th</sup> DEC 2019
		Guest Speaker	PHYSIO SUMMIT 2019, Parul University	6 <sup>th</sup> Dec 2019
2.	Dr. Palani Kumar	Judge	PHYSIO SUMMIT 2019, Parul University	6 <sup>th</sup> and 7 <sup>th</sup> Dec 2019
		Judge-Scientific session	EBESCON 2019	13 <sup>th</sup> and 14 <sup>th</sup> Dec 2019
3.	Dr.Nalina Gupta	Judge	PHYSIO SUMMIT 2019, Parul University	6 <sup>th</sup> and 7 <sup>th</sup> Dec 2019
4.	Dr. Palani Kumar	Practical examiner	Maharashtra University of Health sciences, Nashik	18 <sup>th</sup> and 19 <sup>th</sup> Dec 2019
5.	Dr. Neha Mukkamala	2 <sup>nd</sup> Prize in scientific paper	EBESCON 2019, SVDU	13 <sup>th</sup> and 14 <sup>th</sup> DEC 2019
6.	Dr.Kalpesh Satani	Practical examiner	Maharashtra University of Health sciences, Nashik	23 <sup>th</sup> and 24 <sup>th</sup> Dec, 2019



**CONFERENCE/WORKSHOP/CME/SEMINARS/SYMPOSIA-ATTENDED**

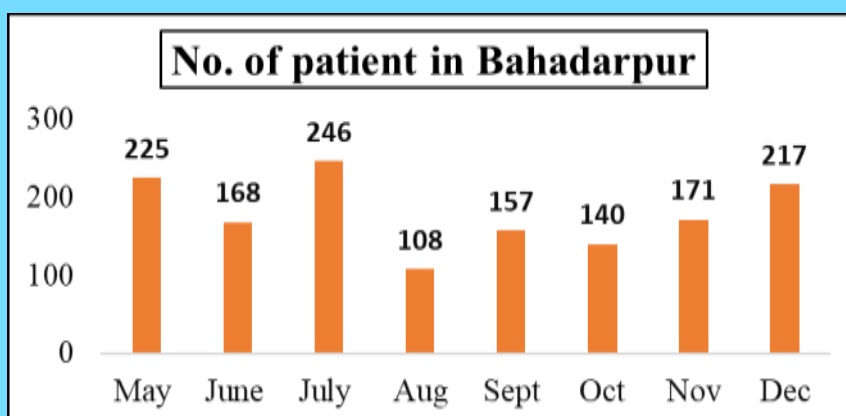
S.N.	Faculty	Workshop / Conference Title	Organized by	Date
1.	Dr. Lata Parmar	Curriculum design and development in health sciences	IQAC, SVDU	01-May-19
	Dr. Nalina Gupta			
	Dr. Neha M.			
	Dr. Maitri Shukla			
	Dr. Purvi patel			
	Dr. S Dinesh			
	Dr. Noel macwan			
	Dr. Jaykumar soni			
	Dr. Deepak kumar			
	Dr. Krina ved			
	Dr. Pinal modi			
	Dr. Anishma c.			
	Dr. Nandini k.			
2.	Prof. Dr. Lata Parmar	Research orientation program on Extramural research funding and opportunities	Research cell	09-May-19
	Dr. Neha M.			
	Dr. Maitri Patel			
	Dr. Krina Ved			
	Dr. Noel Macwan			
	Dr. Deepak kumar			
	Dr. Heli patel			
	Dr. Komal R.			
	Dr. Pinal Modi			
	Dr. Anishma C.			
	Dr. Nandini K.			
	Dr. Dinesh			
	Dr. G P Kumar			
	Dr. Nalina Gupta			
	Dr. Megha Mehta			
Dr. Niketa Patel				
Dr. Purvi Patel				
Dr. Dhvani C.				
3.	Dr. Lata Parmar	Revised Assessment and Accreditation framework for health science Institution	IQAC, SVDU	26-May-19
	Dr. G P Kumar			
	Dr. Kalpesh Satani			
	Dr. Nalina Gupta			
	Dr. Neha M.			
	Dr. Megha Mehta			
	Dr. Noel Macwan			
	Dr. Purvi Patel			
	Dr. Deepak Kumar			
	Dr. Jay Soni			
	Dr. Dinesh Sekhar			
	Dr. Niketa Patel			

	Dr. Krina Ved			
	Dr. Nandini K.			
	Dr. Anishma C.			
	Dr. Pinal Modi			
	Dr. Komal R.			
	Dr. Heli patel			
	Dr. Drashti Patel			
	Dr. Palak patel			
	Dr. Prachi Shah			
	Dr. Megha Rana			
4.	Dr. Lata Parmar	3T – IBHSc Course for health science faculty	SV Bioethics Unit	30 May to 1 June 2019
	Dr. G P Kumar			
	Dr. Kalpesh Satani			
	Dr. Megha Mehta			
	Dr. Niketa Patel			
5.	Dr. Krina Ved	Extramural funding opportunity	Research Cell, SVDU	9 <sup>th</sup> May 2019
	Dr. Dinesh Shekhar			
6.	Dr. Lata Parmar	Workshop on E-content development in health sciences	KMSDC & H IQAC	24-26 June 2019
	Dr. G P Kumar			
	Dr. Kalpesh Satani			
	Dr. Nalina Gupta			
	Dr. Neha M.			
7.	Dr. Lata Parmar	Workshop on Demystifying Start Ups and Intellectual Property Rights	IRC, IQAC, KMSDC & H	28-Jun-19
	Dr. Nalina Gupta			
	Dr. Kalpesh Satani			
	Dr. Neha M.			
8.	Dr. Nalina Gupta	Training Program on ICH-GCP, schedule – Y & ICMR ethical Guidelines 2017	SVIEC, Research cell, SVDU	19-Jul-19
9.	Dr. Dinesh Shekhar	Faculty orientation prog	FDC, SVDU	9 <sup>th</sup> July 2019
	Dr.Nandini K.			
	Dr. krina Ved			
10.	Dr.G.Palani Kumar	Hand Assessment and Essentials of hand Splinting	COP, SV	21 <sup>st</sup> Sep 2019
	Dr.Kalpesh Satani			
	Dr.Nalina Gupta			
	Dr.Parth D.			
	Dr.Neha M.			
	Dr.Noel Macwan			
	Dr.Dhwani C.			
	Dr.Megha Mehta			
	Dr.Niketa Patel			
	Dr.Nandini K.			
	Dr.Jay Soni			
	Dr.Pinal Modi			
	Dr.Krina Ved			
	Dr.Anishma C.			
11.	Dr.G.Palani Kumar	National conference on physiotherapy and rehabilitation: evidences leading	COP,SV	20 <sup>th</sup> and 21 <sup>st</sup> Sep 2019
	Dr.Kalpesh Satani			

	Dr.Nalina Gupta Dr.Parth D. Dr.Neha M. Dr.Noel Macwan Dr.Dhwani C. Dr.Megha Mehta Dr.Niketa Patel Dr.Nandini K. Dr.Jay Soni Dr.Pinal Modi Dr.Krina Ved Dr.Anishma C.	to new horizons		
12.	Dr. Hardik Suthar	Critical appraisal and evidence-based journal club	EBESCON 2019	12 <sup>th</sup> Dec 2019
13.	Dr. Pinal Modi	Involving patient and public in research		
14.	Dr.Lata Parmar Dr. Palani Kumar Dr. Pinal Modi Dr. Neha M. Dr. Hardik Suthar Dr.Nalina Gupta Dr.Kalpesh Satani Dr.Krina Ved	3 <sup>rd</sup> international conference on evidence-based education system		13 <sup>th</sup> and 14 <sup>th</sup> Dec 2019
15.	Dr.Lata Parmar Dr. Neha M.	GRADE – Workshop		12 <sup>th</sup> Dec 2019
16.	Dr.Kalpesh Satani			
17.	Dr.Krina Ved	Preparation of research protocol and scientific publication in biomedical research - Workshop		
18.	Dr.Palani Kumar	Giving Inputs in Wikipedia - Workshop		

# V. COMMUNITY EXTENSION

College of Physiotherapy is providing service at community in various places like Bahadarpur, Waghodia and Friend society at Baroda. Our Faculties and Students visit at Friend Society every Sunday and at Primary Health Center, Waghodia every Saturday and total numbers of patients were 93 and 28 respectively during May to Dec 2019. Number of patients treated at Bahadarpur center as below.



Total No. of Patients (May- Dec 2019)	
Friend Society, Vadodara	93
Primary Health Center, Waghodia	28

# VI. EVENTS

## **(A) College Organized Events**

Followings are the events which were organized by college of Physiotherapy.

### **(i) World No Tobacco Day (WNTD)**

Every year, on 31<sup>st</sup> May, WHO observes World No Tobacco Day. The day is observed to raise awareness on harmful and deadly effects of tobacco use and second – hand smoke exposure, and to discourage the use of tobacco in any form. The focus of WNTD 2019 was on “Tobacco and lung health”. The University Grant Commission (UGC), India requested all universities along with their affiliated colleges to observe WNTD 2019. In this direction, College of Physiotherapy, SVDU observed the day by organizing a pledge – taking ceremony. All UG, PG, Interns and faculty of COP were gathered and together took pledge on 31<sup>st</sup> May 2019, as follow:

“On this occasion of World, No Tobacco day, I take a pledge that I shall never smoke & consume any type of tobacco products in my life and motivate my family or acquaintances to not to smoke & use any tobacco products. I shall keep the campus of my office tobacco free and shall also motivate my colleagues for the same.”

#### **Photo Gallery:**



## **(ii) International Day against Drug Abuse and Illicit Trafficking**

United nations (UN) has declared to observe 26<sup>th</sup> June as “International Day Against Drug Abuse and Illicit Trafficking” as an expression of its determination to strengthen action and cooperation to achieve the goal of an international society free of drug abuse. Knowledge Consortium of Gujarat (K.C.G.) has appealed to all colleges and universities to observe this day to spread awareness among the youth of the state. To fulfil this purpose, Final year BPT students of College of Physiotherapy, SVDU had organized a play “Vyasan Mukta Rashtra nu Nirmaan” to spread the awareness among the young aspirants of physiotherapy on 26<sup>th</sup> June 2019, at 3:00 pm in Auditorium, COP, SVDU. All UG, PG and Interns attended the same where drug abuse related health, social, psychological and economic concerns were highlighted and importance of social support and DE-addiction centers were explained.

Following Final year BPT students prepared and performed the play;

Karan Patel, Himakshi Joshi, Nidhi Chavda, Mili Gadhiya, Tanvi Patel, Nikita Inamdar, Bhoomi Trivedi, Naiem Ravjiani, Blessy Keripurwala, Urmi Patel.

### **Photo Gallery:**



### **(iii) Report on World Physical therapy Day**

Every year 8<sup>th</sup> of September is celebrated as World Physiotherapy Day. As this year it fell on a Sunday, College of Physiotherapy, SVDU observed World Physiotherapy Day on 7<sup>th</sup> of September,2019.

World Confederation for Physical Therapy has declared “Chronic Pain “as theme for the year 2019. Keeping this theme in mind a series of ‘Role of Acupuncture in Physiotherapy for Chronic Pain’ has been planned. A small introductory session was organized by college for all the faculty members, Dr. Palani Kumar was the resource person.

During the session Dr. G.P. Kumar took an informative lecture on ‘Role of Acupuncture in Physiotherapy for Chronic Pain’. He concisely explained about the origin of Acupuncture, its traditional uses, the concepts of ‘Qi’ and ‘Yin & Yang’, types of acupuncture and the various meridians existing in our body. Also, the topic comprised of role of acupuncture in physiotherapy which primarily aims at relieving pain and inflammation to enhance physiotherapy management. Various useful acupuncture points from physiotherapy point of view were discussed. The session continued with Dr. Kumar showing the participants the different kinds of needles used for acupuncture and a stimulator used for electrical acupuncture. He also demonstrated how to insert a needle at a desired point along with precautions and instructions to be followed. The session was concluded by vote of thanks given by Dr. Megha Mehta followed by refreshments.

Link:[https://www.wcpt.org/sites/wcpt.org/files/files/wptday/19/Activities/WPTD2019 India SumandeepVidyapeeth.pdf](https://www.wcpt.org/sites/wcpt.org/files/files/wptday/19/Activities/WPTD2019%20India%20SumandeepVidyapeeth.pdf)

**Photo Gallery:**



**(iv) Seminar on “Scope after BPT”**

The Career and Competitive Examination Forum (CCEF), College of Physiotherapy organizes a seminar for outgoing Intern’s batch annually for providing them guidance on future career and academic prospects. This year for interns 2019 (Feb- August 19), it was organized on 9<sup>th</sup> Aug 2019 at 2-3 pm in 1st year BPT classroom. Total 33 interns attended the program. CCEF Coordinator of COP, Dr Megha Mehta took the session, where she talked about various career options available for physiotherapy undergraduate. She also sensitized them about entrepreneurship and career opportunity available at Sumandeep Vidyapeeth.

**Photo Gallery:**





## **(v) National Conference on "Physiotherapy and Rehabilitation: Evidences leading to New Horizons"**

College of Physiotherapy successfully organized National Conference on "Physiotherapy and Rehabilitation: Evidences leading to New Horizons" (PARCON 2019) on 20<sup>th</sup> and 21<sup>st</sup> September 2019. The conference was supported by (I) Gujarat Council on Science and Technology (GUJCOST), Department of Science and Technology, Government of Gujarat, (II) National Journal of Integrated Research in Medicine (NJIRM) as academic partner.

Details of the conference is uploaded on conference website: <http://copsvcpe.in/> , Special Edition of Renaissance "PARCON 2019" was published- link: <http://copsvcpe.in/assets/images/Renaissance-September%202019.pdf> and conference proceeding was published in National Journal of Integrated Research in Medicine (NJIRM), Vol.10(4.1) July-August, link <http://copsvcpe.in/assets/images/parcon 2019-conference-proceeding.pdf>

### **Photo Gallery:**



## **(vi) Celebration of Cerebral Palsy Day**

Every Year College of Physiotherapy, SVDU celebrates **Cerebral Palsy Day – India on 3<sup>rd</sup> October & World Cerebral palsy Day on 6<sup>th</sup> October**. This year the College has decided to celebrate it between **3<sup>rd</sup> to 5<sup>th</sup> October** by painting the walls of Pediatric OPD of COP, SVDU with the help of student volunteers. The purpose of this activity is to make the pediatric lab livelier and more colorful. After painting the walls of Pediatric OPD on 9<sup>th</sup> October 2019 between 4:00pm to 5:00pm, Prof. Dr.Lata Parmar, Principal, COP, SVDU made aware Final year B.P.T students about Cerebral Palsy Day and appreciated all the student volunteers with a Certificate of Appreciation.

Following were 13 students who painted the walls of Pediatric OPD of COP, SVDU

Anjali Maurya, Shruti Patel, Ajitesh Sarkar, Alefia Raja, KaziAkifa Begum, Masoom Patel, Muneeka Mathukiya, Manali Ramani, Manali Jain, Hiral Patel, Axuna Patel, Rajika Singh Chouhan, Nisha Parekh

### **Photo Gallery:**



## **(vii) Awareness Camp**

The awareness camp “**Correct way of doing daily living activities and it’s long term benefits**” through a video was organized on 10<sup>th</sup> November, 2019 by college of physiotherapy, SVDU at Prathmik Kumarshala, Waghodia from 10.00 am to 1.00 pm.

Bus was arranged to go to the camp venue from the college by 9.30A.M. and reached at camp venue at 10:00 A.M. Camp team had 27 members including faculties, PG students and UG interns. Camp was started. We had a small inaugural function at 10 o’clock in form of a prayer. The camp was organized to spread the awareness about the correct way of doing daily living activities and its long-term benefits, through a video. The objective of the camp was to make the public aware about the body posture and use of appropriate tools while doing daily routine activities to maintain and to improve the health of people.

There were students at the entrance to guide the people interested and these were first registered and then were made to be comfortably seated in the hall. We started the first session at 10.15 am and repeated playing of the video about four times. Total 71 people came in the camp and took benefit of it. After watching the video, viewers were asked to fill a feedback form.

The majority of the patients were very happy and said that it was first time experience that they got the knowledge about the correct and wrong body position during daily living activities by a video which is very useful in daily life. Some of them advised to organize such camps at least once per month.

### Photo Gallery:



## **(viii) International Day of People with Disability**

Every year College of Physiotherapy observes “**International Day of People with Disability**” on 3<sup>rd</sup> December based on declared theme by WHO. This year on 3<sup>rd</sup> December 2019, Students’ Council of COP organized a Skit based on this year’s declared theme “**The Future is Accessible**”.

This year’s event was called for spreading the awareness about creating future where the barriers which stand in people’s way no longer exist. The Students’ Council of College of Physiotherapy, with the help of 20 students from 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and Final year students had decided to spread the awareness among our college students for the same on 3/12/2019 between 3-5 pm in COP by performing a skit. The skit was based on two aspects, one where

the disabled person was under privileged and was deprived off the opportunities whereas; the other was privileged and was provided with opportunities. The skit was performed twice in COP Porch. For 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> year BPT it was performed from 3 - 4 pm. For final year BPT, Interns and PGs; it was performed from 4 – 5 pm.

**Photo Gallery:**



## **(B) Students' Organized Events**

### **(I) Fresher Party for 1st year BPT (2019-20)**

The College of Physiotherapy, Sumandeep Vidyapeeth had planned a get-to-gather/ fresher's party, from 9:30 am – 1 pm onwards on 7/12/2019, at Auditorium, COP. Fresher's party – FLASH 2019 was organized by 2nd year BPT students for 1st year BPT (2019-20). Principal, COP along with faculty also attended the program. The party was started with 2nd year students welcoming the fresh batch of BPT. Following this Principal, COP addressed the gathering and welcomed fresher on behalf of the institute.

After welcome addresses, there were performances from 1st year & 2nd year BPT students showcasing their talent in dance & singing. Following were the performers; from First Year Students Smeet Samudre, Dharmi Dixit, Chinmay Parmar, Maitri Pandya participated in singing and Vanshika Khambhati, Palak Godhwane, Maitri Pandya, Vineeta Daultanim Sanjivani Bhandane, Kalyani Kalkarni participated in dancing; from second year Kiran Shimpi, Aditi Iyengar, Riya Oza participated in singing and Fatema Mustafa, Vraj Parikh, Sahara Ghorpade, Richa Desai, Nandini Patel participated in dancing.

Performances from 1<sup>st</sup> year BPT were part of the talent hunt organized in fresher party each year to select Mr. and Ms. Fresher. This year judges for the same were Dr Neha Mukkamala & Dr Niketa Patel. At the end of competition, Smeet Samudre was declared as Mr. Fresher and Kalyani Kulkarni was declared as Ms. Fresher. After declaration of results, students from both years danced together which was followed by refreshments.

#### **Photo Gallery:**





## **(II) Physio-Zest 2019**

Every year, College of Physiotherapy, Sumandeep Vidyapeeth Deemed to be University celebrates its annual event Physio-Zest. This year Students' Council, COP organized it from 21<sup>st</sup> - 24<sup>th</sup> December 2019. All the students participated in various events of Physio-Zest 2019 with maximum participation.

### **DAY 1: MAD HATTER DAY**

The Physiozest 2019 started on 21<sup>st</sup> December 2019 as "MAD HATTER DAY". The students came with different types of hats, caps, and head gears for the celebration of the first day. The event commenced with high spirits with an inauguration ceremony in the presence of respected Dean, SBKS MI&RC, Dr G.V. Shah and respected Principal, COP, Prof. Dr. Lata Parmar, who graced the occasion with their inspiring words. They unveiled the Physio-Zest 2019 by cutting the cake and set the entire college into a festive mood.

1<sup>st</sup> event of the day was THEME WALK and WALL DÉCOR from 11.00 AM to 12.00 PM. They were held in parking and porch area of COP respectively. For theme walk, judges were Dr. Hetal Vaishnani, Assistant professor, Anatomy Dept, SBKS MI&RC and Dr. Megha Mehta, Assistant Professor, COP. Participants walked in styles of character they dressed as. At the end team Delta (Ritu Singh from final year BPT) was declared as winner.

WALL DÉCOR was judged by Dr. Priyanka Sharma, Assistant Professor, Anatomy Dept, SBKS MI&RC and Dr. Pinal Modi, Assistant Professor, COP. For wall décor, team Beta (Dhruvi Shah and Chanita Shah from 1<sup>st</sup> Year BPT) was declared as winner.

From 12- 1.00 pm, The SCAVENGER HUNT took place where the students were given various tasks to perform. It was a friendly team game which each and every participant enjoyed to the fullest. One more game that was held side by side was PICTONARY. Everyone enjoyed it a lot.

### **DAY 2: PARAMPARA DAY**

The 2<sup>nd</sup> day of Physiozest 2019 was celebrated as “PARAMPARA DAY”.

Everyone had come up with traditional attires. There was session on class photo from 9 - 10 am. The students had a great time taking pictures and making memories.

Further, the next event was SELL IT TO ME from 10-11 am. Here, the participants were given different items which they had to sell using their creative ideas. The judges were amazed to see the students using different techniques to sell items. Here judges were Dr. Nandini Kushwaha and Dr. Anishma Chungath, Assistant Professors, COP. The winning team was Delta (Krina Patel, Priyanka Ataliya, Saiyam Shah).

At 11.00 AM OPEN MIC was held where the participants were given the stage to showcase their talents. Singing, Mimicry, Stand-up comedy was performed by students.

### **CULTURAL NIGHT**

The finale of Physio-Zest 2019 - Cultural Night was held on 23<sup>rd</sup> Dec 2019 at the Amphitheatre from 6:30 PM to 10 PM. This year also the Cultural Night was mesmerizing, with fantastic and power packed performances from our students. The judges for cultural night were Mrs. Poonam Devmurari & Dr. Niketa Patel, Assistant Professor, COP. The winners of cultural night are as follow, In solo dance from Aeshabanu Mustaki (Alpha team 1<sup>st</sup> year BPT), Khushi Arora (Gamma team 2<sup>nd</sup> year). In duet dance Vineeta Daultani (Gamma team 1<sup>st</sup> year BPT), Pooja Ahuja (Gamma team 2<sup>nd</sup> BPT). In solo Singing Priyal Mehta- Intern.

### **DAY 3: FIELD DAY**



The 3<sup>rd</sup> day of Physiozest 2019 was celebrated as “FIELD DAY”. On the Field Day, the students wore sports outfit and had participated in various games.

The day started with a very energetic session of Zumba where all students participated and enjoyed it to the fullest. The next event was TUG OF WAR from 10.00 AM. This game proved the strength and unity of each year. Following this, Relay, Satodiya and Face Painting were held side by side from 10:30 AM-12:30 PM. The first two games took place in the Shamiyana Ground. The students showed their sportsman spirit in all the field games. The winner in Relay was team Gamma (Khyat pathak, Sanket hundlani, Dhyan Patel and Kush achariya) in boys and team delta (Vyoma Soni, Aditi Iyngar, Riya Parikh and Ritu Singh) in Girls. In Satodiya, team BETA won.

Meanwhile, FACE PAINTING was held in the porch of our College. Here, the students had used bright colors to paint the faces of their friends. The judges in this competition were Dr. Kinjal Jethwa, Assistant Professor, Anatomy Dept, SBKS MI&RC and Dr. and Megha Jaiswal, , Assistant Professor, COP. The winner was team Beta (Dhruvi Shah and Dharmi Dixit from 1<sup>st</sup> Year). Following this there was lunch arranged for all students with soldiery system. After the lunch, BACKWARD RACE and ANTAKSHRI took place from 2.30PM-4.00PM. Participants showed their full enthusiasm for the Backward Race. The winner was Het Patel, 3<sup>rd</sup> Year BPT, from team Delta in Boys and Krishna Shah, 1<sup>st</sup> year BPT from team Alpha in Girls. Antakshari game was held between years of UG and PG. The winner was Final year BPT.

With this Physio-Zest 2019 concluded. All the students enjoyed the annual zest with maximum participation.

**Photo Gallery (selected few):**





## **College of Physiotherapy**

### **Sumandeep Vidyapeeth**

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