Report on

World Heart Day, 29 Sep. 2018
Report on World Heart Day Celebration 2018

Date: - 29 Sep. 2018

Organizers: - Department of Medical Surgical Nursing, Sumandeep Nursing College.

Venue: - Multipurpose Hall of SNC

Beneficiaries: - Faculty, UG & PG Students

Objectives:-

- To enhance knowledge and awareness about the Cardiovascular Disease.
- To provide an opportunity to the students to participate in the discussion regarding Cardio Vascular Disease and its treatment modalities.
- To understand the pivotal role of nurse in prevention of CVD.

Activities performed:-

1. Theme introduction of World heart day.
2. Prevalence of CVD.
3. Treatment modalities
4. Video presentation.
5. Pivotal role of nurse in prevention of CVD
6. Discussion with Participants.
7. Poster Exhibition
8. Prize Distribution

Significance/need of the program:-

Sumandeep Nursing College celebrated World Heart Day on 29 Sep. 2018. It is important to bring awareness regarding cardio vascular disease and its management & prevention. In this program Mr. Kevin Christian, HOD & Asst. Professor of SNC gave the overview on the theme of “CVD A Leading Global Killer” on World heart day. Mrs. Sonal Patel Asst. Professor of SNC introduced the prevalence of CVD in India and worldwide and Mrs. Sujitha S., Asst. Professor,
SNC explained the treatment modalities and showed the video of surgical treatment of CVD. Mr. Kevin Christian focused on pivotal role of nurses in prevention of CVD. This was followed by discussion.

**Details of the program:-**

1. **Inauguration of the Program**

The Program started with welcome speech which was given by Mr. Kevin Christian. He welcomed all the Faculty and the students and explained the objectives of the programme. Program was inaugurated by the principal sir Dr. Ravindra H.N. The inauguration ceremony was esteemed with the presence of other HOD of Community health nursing Mr. Adithya, Child health nursing Mr. Nirmal Raj., Mental health nursing dept. Mr. Suresh V. and all faculties and Students of sumandeep nursing college.

2. **Session – I - Seminar**

The program started with the overview of the theme of World heart day which was given by Mr. Kevin Christian. Mrs. Sonal Patel introduced the prevalence of CVD in India and worldwide. And Mrs. Sujitha S. explained the treatment modalities and showed the video of surgical treatment of CVD. Mr. Kevin Christian showed the pivotal role of nurses in prevention of CVD. He discussed about how awareness can bring the prevention. He also mentioned that it is not only through enhancing knowledge but through interpersonal relationship, one can achieve in modifying the lifestyle of the patient.

3. **Session – II**

In the second session, there was some discussion as to how one can bring awareness and how lifestyle can be changed so that all can think about the health of their heart. At the end of program the principal sir Dr. Ravindra H.N. distributed consolation prizes to the all the participants who participated in the poster exhibition.

**Conclusion: -**

The total number of beneficiaries was 250 including faculties and nursing students. The programme was made effective with the help of a.v. aids and presentations. The core beneficiary
also admired the programme and congratulated the team. With the expert advice of Prof, Dr Ravindra H.N., Principal of sumandeep nursing college and HOD & Assistant professor Mr. Kevin Christian, Sumandeep Nursing College, the programme was made effective.

Rangoli Exhibition